

Alcatraz Island, CA - Dec 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:14	6.1			4:06	2.5	5:02	-0.4	7:06	4:50	
2	Tue	12:03	4.8	10:46 AM	6.1	4:45	2.7	5:36	-0.4	7:07	4:50	
3	Wed	12:43	4.8	11:18 AM	6.0	5:23	2.8	6:08	-0.4	7:08	4:50	
4	Thu	1:21	4.7	11:51 AM	5.8	6:00	2.9	6:42	-0.4	7:09	4:50	
5	Fri	1:58	4.7	12:26	5.6	6:40	3.0	7:16	-0.3	7:10	4:50	
6	Sat	2:36	4.7	1:04	5.4	7:22	3.1	7:53	-0.1	7:11	4:50	
7	Sun	3:15	4.7	1:46	5.1	8:11	3.1	8:32	0.1	7:12	4:50	
8	Mon	3:55	4.8	2:35	4.7	9:10	3.0	9:15	0.4	7:13	4:50	
9	Tue	4:38	4.9	3:36	4.3	10:20	2.8	10:03	0.7	7:13	4:50	
10	Wed	5:21	5.1	4:51	4.0	11:31	2.4	10:56	1.1	7:14	4:50	
11	Thu	6:05	5.4	6:17	3.9			12:34	1.8	7:15	4:50	
12	Fri	6:48	5.7	7:39	4.0			1:29	1.1	7:16	4:51	
13	Sat	7:31	6.1	8:51	4.2	12:49	1.8	2:18	0.4	7:16	4:51	
14	Sun	8:14	6.4	9:53	4.5	1:44	2.0	3:04	-0.3	7:17	4:51	
15	Mon	8:59	6.8	10:49	4.8	2:37	2.2	3:50	-0.9	7:18	4:51	
16	Tue	9:45	7.0	11:41	5.1	3:29	2.3	4:37	-1.3	7:18	4:52	
17	Wed	10:33	7.1			4:20	2.4	5:23	-1.5	7:19	4:52	
18	Thu	12:30	5.2	11:22 AM	7.1	5:13	2.4	6:10	-1.6	7:20	4:52	
19	Fri	1:19	5.4	12:13	6.8	6:08	2.4	6:58	-1.4	7:20	4:53	
20	Sat	2:07	5.5	1:07	6.4	7:07	2.3	7:46	-1.0	7:21	4:53	
21	Sun	2:56	5.5	2:03	5.8	8:11	2.3	8:36	-0.5	7:21	4:54	
22	Mon	3:45	5.6	3:05	5.2	9:22	2.1	9:28	0.1	7:22	4:54	
23	Tue	4:36	5.7	4:17	4.5	10:38	1.9	10:23	0.7	7:22	4:55	
24	Wed	5:28	5.8	5:40	4.1	11:54	1.5	11:22	1.3	7:22	4:55	
25	Thu	6:19	5.9	7:10	4.0			1:03	1.1	7:23	4:56	
26	Fri	7:07	6.0	8:30	4.1	12:23	1.8	2:01	0.7	7:23	4:57	
27	Sat	7:52	6.1	9:35	4.3	1:22	2.2	2:51	0.3	7:23	4:57	
28	Sun	8:33	6.1	10:27	4.5	2:16	2.5	3:34	0.0	7:24	4:58	
29	Mon	9:11	6.1	11:12	4.6	3:04	2.7	4:11	-0.2	7:24	4:59	
30	Tue	9:48	6.1	11:50	4.7	3:48	2.8	4:46	-0.3	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	10:23	6.1			4:28	2.8	5:18	-0.4	7:24	5:00	