

Alcatraz Island, CA - Jan 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:24	4.8	10:59 AM	6.0	5:04	2.8	5:50	-0.4	7:25	5:01	
2	Fri	12:57	4.8	11:34 AM	5.9	5:41	2.8	6:20	-0.4	7:25	5:02	
3	Sat	1:29	4.8	12:09	5.8	6:18	2.8	6:52	-0.3	7:25	5:03	
4	Sun	2:01	4.9	12:46	5.5	6:57	2.8	7:25	-0.2	7:25	5:04	
5	Mon	2:34	5.0	1:26	5.2	7:40	2.7	8:00	0.1	7:25	5:04	
6	Tue	3:09	5.1	2:12	4.8	8:30	2.6	8:39	0.4	7:25	5:05	
7	Wed	3:48	5.2	3:08	4.4	9:30	2.4	9:22	0.8	7:25	5:06	
8	Thu	4:29	5.3	4:21	4.0	10:38	2.1	10:12	1.3	7:25	5:07	
9	Fri	5:15	5.6	5:53	3.8	11:49	1.6	11:11	1.8	7:25	5:08	
10	Sat	6:04	5.8	7:25	3.9			12:55	1.0	7:24	5:09	
11	Sun	6:55	6.2	8:43	4.2	12:15	2.1	1:53	0.3	7:24	5:10	
12	Mon	7:47	6.5	9:45	4.5	1:19	2.4	2:46	-0.3	7:24	5:11	
13	Tue	8:39	6.8	10:38	4.9	2:20	2.5	3:36	-0.9	7:24	5:12	
14	Wed	9:31	7.0	11:27	5.2	3:16	2.4	4:23	-1.3	7:23	5:13	
15	Thu	10:22	7.1			4:11	2.3	5:10	-1.4	7:23	5:14	
16	Fri	12:12	5.4	11:13 AM	7.0	5:05	2.1	5:55	-1.4	7:23	5:15	
17	Sat	12:56	5.6	12:04	6.7	5:59	2.0	6:40	-1.2	7:22	5:16	
18	Sun	1:39	5.7	12:56	6.3	6:54	1.9	7:25	-0.7	7:22	5:17	
19	Mon	2:23	5.8	1:50	5.7	7:53	1.8	8:09	-0.2	7:21	5:18	
20	Tue	3:07	5.8	2:48	5.0	8:55	1.7	8:56	0.5	7:21	5:19	
21	Wed	3:53	5.8	3:55	4.4	10:03	1.6	9:47	1.1	7:20	5:21	
22	Thu	4:42	5.7	5:16	4.0	11:16	1.4	10:44	1.7	7:20	5:22	
23	Fri	5:32	5.7	6:49	3.8			12:27	1.1	7:19	5:23	
24	Sat	6:24	5.7	8:15	4.0			1:30	0.8	7:19	5:24	
25	Sun	7:15	5.8	9:20	4.2	12:55	2.6	2:24	0.5	7:18	5:25	
26	Mon	8:03	5.8	10:09	4.4	1:55	2.7	3:09	0.2	7:17	5:26	
27	Tue	8:46	5.9	10:49	4.6	2:47	2.8	3:49	0.0	7:17	5:27	
28	Wed	9:27	5.9	11:23	4.7	3:32	2.7	4:24	-0.1	7:16	5:28	
29	Thu	10:06	6.0	11:53	4.8	4:11	2.6	4:56	-0.2	7:15	5:29	
30	Fri	10:43	6.0			4:48	2.5	5:26	-0.3	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	12:22	4.9	11:20 AM	5.9	5:23	2.4	5:55	-0.3	7:13	5:32	