

Alcatraz Island, CA - Mar 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:07	5.6			5:02	1.7	5:24	0.1	6:40	6:03	
2	Mon	12:05	5.2	11:47 AM	5.5	5:37	1.4	5:55	0.2	6:38	6:04	
3	Tue	12:34	5.3	12:29	5.3	6:13	1.2	6:27	0.5	6:37	6:05	
4	Wed	1:04	5.5	1:14	5.1	6:53	0.9	7:01	0.8	6:36	6:06	
5	Thu	1:37	5.6	2:05	4.7	7:37	0.8	7:39	1.2	6:34	6:07	
6	Fri	2:13	5.7	3:04	4.4	8:28	0.6	8:23	1.7	6:33	6:08	
7	Sat	2:56	5.7	4:18	4.1	9:27	0.5	9:17	2.2	6:31	6:09	
8	Sun	4:48	5.7	6:45	4.0	11:37	0.4	11:26	2.5	7:30	7:10	
9	Mon	5:50	5.6	8:09	4.2			12:52	0.2	7:28	7:11	
10	Tue	7:00	5.7	9:16	4.5	12:49	2.6	2:03	0.0	7:27	7:12	
11	Wed	8:11	5.8	10:08	4.8	2:07	2.5	3:04	-0.3	7:25	7:13	
12	Thu	9:16	5.9	10:52	5.2	3:13	2.1	3:57	-0.5	7:24	7:14	
13	Fri	10:15	6.0	11:33	5.4	4:09	1.7	4:44	-0.5	7:22	7:15	
14	Sat	11:10	6.0			5:00	1.2	5:27	-0.4	7:21	7:16	
15	Sun	12:11	5.7	12:03	5.9	5:48	0.8	6:08	-0.1	7:19	7:16	
16	Mon	12:47	5.8	12:53	5.7	6:34	0.5	6:48	0.2	7:18	7:17	
17	Tue	1:23	5.9	1:42	5.4	7:20	0.3	7:28	0.7	7:16	7:18	
18	Wed	1:58	5.8	2:33	5.0	8:05	0.2	8:07	1.2	7:15	7:19	
19	Thu	2:33	5.7	3:25	4.6	8:51	0.3	8:49	1.7	7:13	7:20	
20	Fri	3:10	5.5	4:24	4.3	9:39	0.4	9:36	2.2	7:12	7:21	
21	Sat	3:50	5.3	5:32	4.0	10:34	0.6	10:33	2.6	7:10	7:22	
22	Sun	4:36	5.0	6:53	3.9	11:36	0.7	11:47	2.8	7:09	7:23	
23	Mon	5:33	4.8	8:11	4.0			12:43	0.7	7:07	7:24	
24	Tue	6:38	4.7	9:09	4.2	1:07	2.8	1:47	0.7	7:06	7:25	
25	Wed	7:44	4.7	9:50	4.4	2:14	2.7	2:42	0.6	7:04	7:26	
26	Thu	8:45	4.8	10:23	4.6	3:08	2.4	3:27	0.5	7:03	7:27	
27	Fri	9:38	4.9	10:53	4.8	3:52	2.0	4:06	0.4	7:01	7:28	
28	Sat	10:26	5.1	11:20	5.0	4:30	1.6	4:41	0.4	7:00	7:29	
29	Sun	11:11	5.1	11:49	5.2	5:05	1.3	5:15	0.4	6:58	7:29	
30	Mon	11:56	5.2			5:40	0.9	5:47	0.6	6:57	7:30	
31	Tue	12:18	5.4	12:41	5.1	6:15	0.5	6:21	0.8	6:55	7:31	