

Alcatraz Island, CA - Aug 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:32	4.8	5:14	6.0	10:24	1.1	11:42	1.3	6:13	8:18	
2	Sun	5:48	4.3	6:05	6.0	11:20	1.7			6:14	8:17	
3	Mon	7:16	4.1	6:58	5.9	12:54	1.1	12:24	2.2	6:15	8:16	
4	Tue	8:43	4.1	7:52	5.9	2:01	0.8	1:31	2.6	6:16	8:15	
5	Wed	9:53	4.3	8:43	6.0	2:59	0.6	2:33	2.7	6:17	8:14	
6	Thu	10:47	4.6	9:30	6.0	3:49	0.4	3:28	2.8	6:17	8:13	
7	Fri	11:30	4.7	10:13	6.0	4:31	0.2	4:15	2.7	6:18	8:12	
8	Sat			12:06	4.8	5:08	0.1	4:57	2.7	6:19	8:11	
9	Sun			12:38	4.9	5:42	0.0	5:35	2.6	6:20	8:09	
10	Mon			1:07	5.0	6:13	0.0	6:10	2.4	6:21	8:08	
11	Tue	12:09	5.9	1:34	5.0	6:43	0.1	6:45	2.3	6:22	8:07	
12	Wed	12:46	5.8	2:02	5.2	7:13	0.2	7:21	2.2	6:23	8:06	
13	Thu	1:24	5.5	2:31	5.3	7:43	0.4	7:59	2.0	6:23	8:05	
14	Fri	2:04	5.3	3:02	5.4	8:14	0.7	8:42	1.9	6:24	8:03	
15	Sat	2:48	4.9	3:36	5.5	8:49	1.0	9:30	1.7	6:25	8:02	
16	Sun	3:41	4.6	4:14	5.6	9:28	1.4	10:28	1.5	6:26	8:01	
17	Mon	4:46	4.2	4:59	5.7	10:14	1.9	11:34	1.3	6:27	8:00	
18	Tue	6:09	4.0	5:52	5.8	11:11	2.3			6:28	7:58	
19	Wed	7:40	4.0	6:51	6.0	12:45	0.9	12:20	2.6	6:29	7:57	
20	Thu	8:58	4.3	7:53	6.2	1:53	0.5	1:33	2.7	6:29	7:56	
21	Fri	9:59	4.6	8:53	6.5	2:54	0.0	2:40	2.6	6:30	7:54	
22	Sat	10:49	5.0	9:52	6.7	3:47	-0.3	3:40	2.3	6:31	7:53	
23	Sun	11:33	5.3	10:47	6.8	4:37	-0.6	4:35	2.0	6:32	7:51	
24	Mon			12:15	5.6	5:23	-0.7	5:27	1.6	6:33	7:50	
25	Tue			12:55	5.8	6:07	-0.6	6:19	1.3	6:34	7:49	
26	Wed	12:34	6.6	1:35	6.0	6:51	-0.3	7:10	1.1	6:35	7:47	
27	Thu	1:27	6.2	2:15	6.1	7:34	0.1	8:03	0.9	6:35	7:46	
28	Fri	2:21	5.8	2:56	6.1	8:17	0.6	8:58	0.9	6:36	7:44	
29	Sat	3:18	5.3	3:38	6.0	9:03	1.2	9:56	0.9	6:37	7:43	
30	Sun	4:21	4.8	4:24	5.8	9:53	1.8	11:00	1.0	6:38	7:41	
31	Mon	5:35	4.4	5:15	5.7	10:51	2.3			6:39	7:40	