

Alcatraz Island, CA - Nov 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:31	4.9	6:52	4.4	1:21	1.0	1:28	2.3	6:35	5:10	
2	Mon	8:06	5.1	7:56	4.4	1:12	1.1	2:14	1.8	6:36	5:09	
3	Tue	8:38	5.4	8:52	4.6	1:56	1.2	2:53	1.3	6:37	5:08	
4	Wed	9:08	5.6	9:43	4.7	2:35	1.3	3:28	0.9	6:38	5:07	
5	Thu	9:38	5.8	10:32	4.8	3:12	1.5	4:03	0.4	6:39	5:06	
6	Fri	10:10	6.1	11:20	4.9	3:49	1.7	4:38	0.0	6:40	5:05	
7	Sat	10:43	6.2			4:27	1.9	5:15	-0.4	6:41	5:04	
8	Sun	12:08	5.0	11:20 AM	6.4	5:06	2.1	5:55	-0.7	6:42	5:03	
9	Mon	12:58	5.0	11:59 AM	6.4	5:48	2.3	6:39	-0.8	6:43	5:02	
10	Tue	1:50	5.0	12:42	6.3	6:35	2.6	7:27	-0.8	6:45	5:02	
11	Wed	2:45	4.9	1:32	6.1	7:29	2.7	8:19	-0.7	6:46	5:01	
12	Thu	3:43	4.9	2:28	5.7	8:33	2.8	9:16	-0.4	6:47	5:00	
13	Fri	4:43	5.0	3:35	5.3	9:51	2.8	10:18	-0.1	6:48	4:59	
14	Sat	5:42	5.2	4:52	5.0	11:16	2.5	11:23	0.2	6:49	4:58	
15	Sun	6:37	5.5	6:13	4.7			12:32	2.0	6:50	4:58	
16	Mon	7:27	5.8	7:32	4.7	12:25	0.5	1:36	1.3	6:51	4:57	
17	Tue	8:11	6.1	8:43	4.7	1:22	0.9	2:31	0.7	6:52	4:56	
18	Wed	8:52	6.3	9:45	4.8	2:14	1.2	3:20	0.1	6:53	4:56	
19	Thu	9:31	6.4	10:42	4.9	3:01	1.5	4:04	-0.3	6:54	4:55	
20	Fri	10:08	6.5	11:34	5.0	3:47	1.8	4:45	-0.5	6:55	4:55	
21	Sat	10:44	6.4			4:30	2.1	5:25	-0.6	6:56	4:54	
22	Sun	12:22	5.0	11:19 AM	6.2	5:13	2.4	6:03	-0.6	6:57	4:53	
23	Mon	1:09	5.0	11:54 AM	6.0	5:56	2.7	6:41	-0.6	6:58	4:53	
24	Tue	1:54	4.9	12:30	5.8	6:40	2.9	7:19	-0.4	6:59	4:53	
25	Wed	2:39	4.8	1:08	5.5	7:27	3.0	7:59	-0.1	7:00	4:52	
26	Thu	3:25	4.7	1:50	5.1	8:20	3.1	8:42	0.1	7:01	4:52	
27	Fri	4:11	4.7	2:39	4.8	9:24	3.1	9:28	0.4	7:02	4:51	
28	Sat	4:58	4.8	3:37	4.4	10:37	3.0	10:19	0.8	7:03	4:51	
29	Sun	5:43	4.9	4:47	4.1	11:49	2.7	11:13	1.0	7:04	4:51	
30	Mon	6:26	5.1	6:06	3.9			12:49	2.2	7:05	4:51	