

Alcatraz Island, CA - Dec 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:05	5.3	7:22	3.9	12:06	1.3	1:39	1.7	7:06	4:50	
2	Wed	7:42	5.6	8:30	4.1	12:57	1.6	2:22	1.1	7:07	4:50	
3	Thu	8:18	5.9	9:29	4.3	1:44	1.8	3:01	0.5	7:08	4:50	
4	Fri	8:54	6.2	10:22	4.6	2:29	2.0	3:38	0.0	7:09	4:50	
5	Sat	9:32	6.4	11:13	4.8	3:13	2.2	4:17	-0.5	7:10	4:50	
6	Sun	10:11	6.6			3:57	2.3	4:58	-0.9	7:11	4:50	
7	Mon	12:02	5.0	10:53 AM	6.7	4:43	2.4	5:40	-1.2	7:11	4:50	
8	Tue	12:50	5.1	11:38 AM	6.7	5:31	2.5	6:25	-1.3	7:12	4:50	
9	Wed	1:38	5.2	12:26	6.6	6:22	2.6	7:12	-1.2	7:13	4:50	
10	Thu	2:28	5.3	1:18	6.2	7:19	2.6	8:02	-1.0	7:14	4:50	
11	Fri	3:19	5.3	2:16	5.8	8:24	2.5	8:54	-0.5	7:15	4:50	
12	Sat	4:11	5.4	3:22	5.2	9:39	2.4	9:50	0.0	7:15	4:51	
13	Sun	5:05	5.6	4:38	4.7	11:00	2.0	10:49	0.5	7:16	4:51	
14	Mon	5:58	5.8	6:03	4.3			12:17	1.5	7:17	4:51	
15	Tue	6:49	6.0	7:29	4.2			1:24	1.0	7:18	4:51	
16	Wed	7:37	6.2	8:45	4.4	12:51	1.5	2:21	0.4	7:18	4:52	
17	Thu	8:21	6.4	9:49	4.5	1:48	1.9	3:10	0.0	7:19	4:52	
18	Fri	9:03	6.4	10:44	4.7	2:40	2.2	3:54	-0.4	7:19	4:52	
19	Sat	9:42	6.4	11:32	4.9	3:29	2.4	4:34	-0.6	7:20	4:53	
20	Sun	10:20	6.4			4:14	2.6	5:11	-0.6	7:20	4:53	
21	Mon	12:16	4.9	10:56 AM	6.2	4:57	2.7	5:46	-0.6	7:21	4:54	
22	Tue	12:56	4.9	11:31 AM	6.0	5:38	2.8	6:20	-0.6	7:21	4:54	
23	Wed	1:33	4.9	12:07	5.8	6:19	2.9	6:54	-0.4	7:22	4:55	
24	Thu	2:09	4.9	12:43	5.5	7:01	2.9	7:29	-0.2	7:22	4:55	
25	Fri	2:43	4.9	1:22	5.2	7:46	2.9	8:04	0.0	7:23	4:56	
26	Sat	3:19	4.9	2:05	4.8	8:37	2.8	8:42	0.4	7:23	4:57	
27	Sun	3:57	5.0	2:55	4.4	9:36	2.7	9:23	0.8	7:23	4:57	
28	Mon	4:37	5.1	3:59	4.0	10:44	2.5	10:10	1.2	7:24	4:58	
29	Tue	5:19	5.2	5:19	3.7	11:52	2.1	11:02	1.6	7:24	4:59	
30	Wed	6:03	5.5	6:49	3.7			12:52	1.6	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	6:47	5.7	8:08	3.9			1:44	1.0	7:24	5:00	