

Alcatraz Island, CA - May 2072

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:10	5.0	5:37	-0.5	5:31	1.1	6:12	8:01	
2	Mon			1:05	5.0	6:22	-0.8	6:15	1.5	6:11	8:02	
3	Tue	12:34	6.2	1:58	4.9	7:06	-0.9	7:00	1.8	6:10	8:02	
4	Wed	1:12	6.1	2:51	4.8	7:49	-0.9	7:47	2.2	6:08	8:03	
5	Thu	1:51	5.8	3:44	4.7	8:34	-0.8	8:38	2.5	6:07	8:04	
6	Fri	2:31	5.5	4:40	4.5	9:20	-0.5	9:35	2.8	6:06	8:05	
7	Sat	3:15	5.1	5:39	4.5	10:09	-0.2	10:44	2.9	6:05	8:06	
8	Sun	4:05	4.7	6:37	4.5	11:03	0.1			6:04	8:07	
9	Mon	5:05	4.4	7:31	4.6	12:01	2.8	12:00	0.4	6:03	8:08	
10	Tue	6:15	4.1	8:16	4.7	1:13	2.5	12:57	0.6	6:02	8:09	
11	Wed	7:28	4.0	8:53	4.9	2:13	2.2	1:50	0.8	6:02	8:10	
12	Thu	8:37	4.0	9:25	5.1	3:03	1.7	2:37	1.0	6:01	8:11	
13	Fri	9:39	4.0	9:56	5.3	3:45	1.2	3:19	1.2	6:00	8:11	
14	Sat	10:33	4.2	10:26	5.5	4:23	0.8	3:58	1.4	5:59	8:12	
15	Sun	11:23	4.3	10:57	5.7	4:58	0.3	4:35	1.6	5:58	8:13	
16	Mon			12:11	4.4	5:31	-0.1	5:12	1.8	5:57	8:14	
17	Tue			12:59	4.6	6:06	-0.5	5:50	2.0	5:57	8:15	
18	Wed	12:04	6.0	1:46	4.6	6:44	-0.8	6:31	2.3	5:56	8:16	
19	Thu	12:41	6.1	2:35	4.7	7:24	-1.0	7:15	2.4	5:55	8:17	
20	Fri	1:21	6.1	3:26	4.7	8:07	-1.1	8:05	2.6	5:54	8:17	
21	Sat	2:06	5.9	4:19	4.7	8:55	-1.1	9:02	2.7	5:54	8:18	
22	Sun	2:57	5.7	5:14	4.8	9:47	-0.9	10:11	2.7	5:53	8:19	
23	Mon	3:56	5.3	6:10	5.0	10:43	-0.6	11:30	2.5	5:52	8:20	
24	Tue	5:05	4.9	7:05	5.2	11:43	-0.2			5:52	8:21	
25	Wed	6:24	4.5	7:55	5.5	12:50	2.1	12:44	0.1	5:51	8:21	
26	Thu	7:47	4.4	8:42	5.8	2:01	1.5	1:43	0.5	5:51	8:22	
27	Fri	9:05	4.3	9:25	6.1	3:01	0.8	2:38	0.9	5:50	8:23	
28	Sat	10:15	4.4	10:07	6.3	3:54	0.2	3:30	1.2	5:50	8:24	
29	Sun	11:17	4.6	10:47	6.4	4:42	-0.4	4:19	1.6	5:49	8:24	
30	Mon			12:14	4.7	5:27	-0.7	5:06	1.9	5:49	8:25	
31	Tue			1:06	4.8	6:09	-0.9	5:53	2.2	5:49	8:26	