

Alcatraz Island, CA - Jul 2072

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:20	6.1	2:23	4.9	7:11	-0.7	7:06	2.8	5:52	8:35	
2	Sat	12:57	5.9	3:00	4.9	7:47	-0.5	7:50	2.8	5:52	8:35	
3	Sun	1:35	5.6	3:35	4.9	8:22	-0.3	8:36	2.8	5:53	8:35	
4	Mon	2:14	5.3	4:10	4.9	8:58	-0.1	9:25	2.8	5:53	8:35	
5	Tue	2:56	4.9	4:46	5.0	9:35	0.3	10:21	2.7	5:54	8:35	
6	Wed	3:44	4.5	5:23	5.1	10:14	0.7	11:25	2.5	5:54	8:34	
7	Thu	4:41	4.1	6:03	5.2	10:58	1.1			5:55	8:34	
8	Fri	5:54	3.8	6:45	5.4	12:31	2.2	11:46 AM	1.5	5:55	8:34	
9	Sat	7:20	3.6	7:28	5.6	1:33	1.7	12:40	1.9	5:56	8:33	
10	Sun	8:44	3.7	8:12	5.9	2:27	1.2	1:36	2.2	5:57	8:33	
11	Mon	9:55	4.0	8:57	6.1	3:14	0.7	2:31	2.5	5:57	8:33	
12	Tue	10:53	4.3	9:42	6.4	3:58	0.1	3:23	2.6	5:58	8:32	
13	Wed	11:43	4.6	10:28	6.7	4:40	-0.4	4:13	2.6	5:59	8:32	
14	Thu			12:29	4.8	5:23	-0.8	5:03	2.6	6:00	8:31	
15	Fri			1:13	5.1	6:06	-1.1	5:53	2.5	6:00	8:31	
16	Sat	12:03	6.9	1:56	5.3	6:50	-1.2	6:45	2.3	6:01	8:30	
17	Sun	12:53	6.7	2:39	5.5	7:35	-1.2	7:40	2.2	6:02	8:29	
18	Mon	1:45	6.5	3:23	5.6	8:20	-0.9	8:39	2.0	6:02	8:29	
19	Tue	2:41	6.0	4:08	5.8	9:06	-0.5	9:44	1.8	6:03	8:28	
20	Wed	3:41	5.4	4:55	5.9	9:55	0.1	10:55	1.6	6:04	8:27	
21	Thu	4:50	4.8	5:45	6.1	10:48	0.7			6:05	8:27	
22	Fri	6:11	4.4	6:38	6.2	12:10	1.3	11:46 AM	1.4	6:06	8:26	
23	Sat	7:40	4.2	7:32	6.3	1:23	0.9	12:50	1.9	6:06	8:25	
24	Sun	9:05	4.2	8:25	6.3	2:29	0.5	1:55	2.3	6:07	8:25	
25	Mon	10:15	4.5	9:15	6.4	3:27	0.2	2:57	2.5	6:08	8:24	
26	Tue	11:11	4.7	10:02	6.4	4:16	-0.1	3:52	2.7	6:09	8:23	
27	Wed	11:59	4.9	10:45	6.3	5:00	-0.3	4:41	2.7	6:10	8:22	
28	Thu			12:39	5.0	5:39	-0.3	5:26	2.7	6:10	8:21	
29	Fri			1:16	5.0	6:14	-0.3	6:07	2.6	6:11	8:20	
30	Sat	12:04	6.1	1:48	5.0	6:48	-0.2	6:46	2.6	6:12	8:19	
31	Sun	12:41	5.9	2:18	5.0	7:19	-0.1	7:24	2.5	6:13	8:18	