

Alcatraz Island, CA - Oct 2072

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:09	4.6	2:38	5.6	8:20	2.3	9:06	0.6	7:06	6:51	
2	Sun	4:06	4.4	3:19	5.5	9:03	2.6	9:58	0.6	7:07	6:50	
3	Mon	5:13	4.3	4:09	5.4	9:57	2.9	10:59	0.6	7:08	6:48	
4	Tue	6:28	4.3	5:11	5.3	11:10	3.1			7:09	6:47	
5	Wed	7:39	4.5	6:23	5.3	12:08	0.5	12:33	3.0	7:09	6:45	
6	Thu	8:37	4.8	7:36	5.4	1:16	0.3	1:47	2.7	7:10	6:44	
7	Fri	9:24	5.1	8:45	5.6	2:17	0.2	2:48	2.1	7:11	6:42	
8	Sat	10:06	5.5	9:48	5.8	3:11	0.1	3:41	1.5	7:12	6:41	
9	Sun	10:45	5.8	10:47	5.9	4:00	0.1	4:31	0.9	7:13	6:39	
10	Mon	11:23	6.1	11:43	5.9	4:45	0.2	5:19	0.3	7:14	6:38	
11	Tue			12:02	6.3	5:30	0.5	6:07	-0.1	7:15	6:36	
12	Wed	12:39	5.8	12:41	6.5	6:14	0.9	6:55	-0.4	7:16	6:35	
13	Thu	1:35	5.6	1:21	6.5	6:59	1.4	7:44	-0.5	7:17	6:33	
14	Fri	2:32	5.4	2:03	6.3	7:46	1.8	8:34	-0.4	7:18	6:32	
15	Sat	3:31	5.1	2:47	6.0	8:38	2.3	9:28	-0.2	7:19	6:31	
16	Sun	4:36	4.9	3:37	5.7	9:38	2.7	10:26	0.1	7:20	6:29	
17	Mon	5:45	4.8	4:33	5.3	10:51	2.9	11:30	0.4	7:21	6:28	
18	Tue	6:57	4.8	5:38	5.0			12:13	3.0	7:22	6:27	
19	Wed	8:00	4.9	6:49	4.8	12:36	0.6	1:27	2.8	7:23	6:25	
20	Thu	8:51	5.0	7:59	4.7	1:37	0.7	2:28	2.4	7:24	6:24	
21	Fri	9:31	5.1	9:00	4.7	2:30	0.8	3:18	2.0	7:25	6:23	
22	Sat	10:03	5.3	9:53	4.8	3:15	0.9	4:00	1.6	7:26	6:21	
23	Sun	10:32	5.4	10:41	4.9	3:54	1.0	4:37	1.2	7:27	6:20	
24	Mon	10:58	5.5	11:26	4.9	4:29	1.2	5:11	0.9	7:28	6:19	
25	Tue	11:24	5.7			5:02	1.4	5:42	0.6	7:29	6:18	
26	Wed	12:09	4.9	11:51 AM	5.8	5:34	1.6	6:14	0.3	7:30	6:16	
27	Thu	12:51	4.9	12:20	5.8	6:06	1.9	6:46	0.1	7:31	6:15	
28	Fri	1:35	4.8	12:51	5.9	6:39	2.2	7:21	-0.1	7:32	6:14	
29	Sat	2:21	4.8	1:24	5.9	7:15	2.4	8:00	-0.2	7:33	6:13	
30	Sun	3:10	4.7	2:02	5.8	7:56	2.7	8:44	-0.2	7:34	6:12	
31	Mon	4:05	4.6	2:46	5.6	8:44	2.9	9:34	-0.1	7:35	6:11	