

Alcatraz Island, CA - Jun 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:06	4.8	6:38	4.7	11:02	-0.1			5:49	8:26	
2	Sat	5:14	4.5	7:23	5.0	12:00	2.8	11:57 AM	0.1	5:48	8:27	
3	Sun	6:34	4.3	8:05	5.3	1:11	2.3	12:53	0.4	5:48	8:27	
4	Mon	7:56	4.2	8:45	5.7	2:12	1.6	1:48	0.7	5:48	8:28	
5	Tue	9:15	4.3	9:25	6.1	3:06	0.8	2:41	1.1	5:47	8:28	
6	Wed	10:26	4.4	10:06	6.5	3:56	0.0	3:32	1.4	5:47	8:29	
7	Thu	11:30	4.7	10:48	6.8	4:45	-0.7	4:23	1.8	5:47	8:30	
8	Fri			12:30	4.9	5:33	-1.3	5:14	2.1	5:47	8:30	
9	Sat			1:27	5.0	6:21	-1.6	6:06	2.4	5:47	8:31	
10	Sun	12:18	6.9	2:21	5.1	7:10	-1.7	7:00	2.6	5:47	8:31	
11	Mon	1:06	6.7	3:15	5.1	7:59	-1.6	7:58	2.7	5:47	8:32	
12	Tue	1:56	6.4	4:08	5.1	8:49	-1.4	9:01	2.8	5:47	8:32	
13	Wed	2:48	5.9	5:01	5.2	9:40	-1.0	10:11	2.7	5:47	8:32	
14	Thu	3:45	5.3	5:54	5.2	10:33	-0.5	11:28	2.6	5:47	8:33	
15	Fri	4:48	4.7	6:45	5.3	11:26	0.1			5:47	8:33	
16	Sat	6:00	4.2	7:32	5.4	12:43	2.3	12:21	0.6	5:47	8:34	
17	Sun	7:20	3.9	8:14	5.5	1:50	1.8	1:14	1.0	5:47	8:34	
18	Mon	8:41	3.8	8:51	5.6	2:48	1.3	2:05	1.5	5:47	8:34	
19	Tue	9:52	3.9	9:25	5.8	3:36	0.9	2:53	1.9	5:47	8:34	
20	Wed	10:53	4.0	9:57	5.9	4:18	0.4	3:37	2.2	5:47	8:35	
21	Thu	11:44	4.2	10:29	6.0	4:56	0.1	4:19	2.5	5:48	8:35	
22	Fri			12:30	4.4	5:31	-0.2	4:58	2.7	5:48	8:35	
23	Sat			1:12	4.5	6:04	-0.4	5:37	2.9	5:48	8:35	
24	Sun			1:51	4.6	6:36	-0.5	6:15	3.0	5:48	8:35	
25	Mon	12:11	6.0	2:28	4.6	7:09	-0.6	6:54	3.1	5:49	8:35	
26	Tue	12:48	6.0	3:06	4.7	7:44	-0.7	7:35	3.1	5:49	8:35	
27	Wed	1:26	5.8	3:45	4.8	8:20	-0.7	8:21	3.0	5:50	8:36	
28	Thu	2:08	5.6	4:25	4.9	8:59	-0.6	9:14	3.0	5:50	8:36	
29	Fri	2:55	5.3	5:06	5.0	9:42	-0.3	10:17	2.8	5:50	8:35	
30	Sat	3:50	4.9	5:49	5.2	10:28	0.0	11:27	2.4	5:51	8:35	