

Alcatraz Island, CA - Jul 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:57	4.5	6:33	5.5	11:19	0.5			5:51	8:35	
2	Mon	6:19	4.2	7:18	5.8	12:40	1.9	12:14	0.9	5:52	8:35	
3	Tue	7:49	4.0	8:03	6.2	1:47	1.2	1:11	1.4	5:52	8:35	
4	Wed	9:15	4.1	8:50	6.5	2:46	0.5	2:10	1.9	5:53	8:35	
5	Thu	10:28	4.4	9:37	6.8	3:41	-0.2	3:08	2.2	5:53	8:35	
6	Fri	11:31	4.7	10:25	7.0	4:32	-0.8	4:04	2.4	5:54	8:34	
7	Sat			12:27	4.9	5:21	-1.2	4:59	2.6	5:55	8:34	
8	Sun			1:17	5.1	6:09	-1.4	5:53	2.6	5:55	8:34	
9	Mon	12:02	7.0	2:05	5.2	6:56	-1.4	6:48	2.6	5:56	8:34	
10	Tue	12:51	6.7	2:51	5.3	7:42	-1.3	7:43	2.6	5:56	8:33	
11	Wed	1:40	6.4	3:36	5.3	8:27	-1.0	8:41	2.6	5:57	8:33	
12	Thu	2:30	5.9	4:20	5.3	9:11	-0.5	9:42	2.5	5:58	8:32	
13	Fri	3:22	5.3	5:04	5.4	9:56	0.0	10:48	2.4	5:58	8:32	
14	Sat	4:20	4.7	5:47	5.4	10:42	0.6	11:58	2.1	5:59	8:31	
15	Sun	5:27	4.2	6:31	5.4	11:32	1.2			6:00	8:31	
16	Mon	6:49	3.8	7:14	5.5	1:06	1.8	12:25	1.7	6:01	8:30	
17	Tue	8:19	3.7	7:55	5.6	2:08	1.4	1:21	2.2	6:01	8:30	
18	Wed	9:38	3.9	8:36	5.8	3:01	1.0	2:16	2.5	6:02	8:29	
19	Thu	10:40	4.1	9:16	5.9	3:47	0.6	3:07	2.8	6:03	8:28	
20	Fri	11:29	4.3	9:56	6.1	4:28	0.3	3:54	2.9	6:04	8:28	
21	Sat			12:10	4.5	5:05	0.0	4:37	3.0	6:04	8:27	
22	Sun			12:47	4.7	5:39	-0.2	5:16	3.0	6:05	8:26	
23	Mon			1:22	4.8	6:13	-0.4	5:55	2.9	6:06	8:26	
24	Tue			1:56	4.9	6:46	-0.5	6:34	2.8	6:07	8:25	
25	Wed	12:33	6.2	2:30	5.0	7:21	-0.6	7:16	2.7	6:08	8:24	
26	Thu	1:14	6.1	3:04	5.1	7:56	-0.5	8:02	2.6	6:08	8:23	
27	Fri	1:59	5.8	3:40	5.3	8:34	-0.3	8:53	2.4	6:09	8:22	
28	Sat	2:47	5.5	4:19	5.5	9:14	0.1	9:52	2.1	6:10	8:22	
29	Sun	3:44	5.0	5:00	5.6	9:58	0.6	10:58	1.8	6:11	8:21	
30	Mon	4:54	4.5	5:46	5.9	10:47	1.1			6:12	8:20	
31	Tue	6:20	4.2	6:36	6.1	12:11	1.4	11:43 AM	1.7	6:13	8:19	