

Alcatraz Island, CA - Oct 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:35	5.4	10:01	5.8	3:40	0.0	4:03	1.9	7:05	6:52	
2	Tue	11:13	5.6	10:53	5.7	4:25	0.1	4:49	1.5	7:06	6:50	
3	Wed	11:46	5.6	11:42	5.6	5:05	0.3	5:31	1.2	7:07	6:49	
4	Thu			12:17	5.7	5:41	0.6	6:10	0.9	7:08	6:47	
5	Fri	12:27	5.4	12:45	5.7	6:16	0.9	6:47	0.8	7:09	6:46	
6	Sat	1:12	5.2	1:12	5.6	6:49	1.3	7:23	0.6	7:10	6:44	
7	Sun	1:57	5.0	1:38	5.6	7:23	1.8	7:59	0.6	7:11	6:43	
8	Mon	2:43	4.7	2:06	5.5	7:58	2.2	8:38	0.6	7:12	6:41	
9	Tue	3:33	4.5	2:38	5.4	8:35	2.6	9:20	0.6	7:13	6:40	
10	Wed	4:31	4.3	3:16	5.2	9:20	3.0	10:10	0.7	7:14	6:38	
11	Thu	5:40	4.2	4:03	5.0	10:19	3.3	11:09	0.8	7:15	6:37	
12	Fri	6:55	4.2	5:03	4.9	11:40	3.4			7:15	6:35	
13	Sat	8:01	4.4	6:12	4.8	12:15	0.8	1:02	3.3	7:16	6:34	
14	Sun	8:50	4.6	7:22	4.9	1:19	0.7	2:04	3.0	7:17	6:33	
15	Mon	9:28	4.9	8:26	5.0	2:14	0.6	2:53	2.6	7:18	6:31	
16	Tue	10:01	5.1	9:25	5.2	3:01	0.4	3:36	2.0	7:19	6:30	
17	Wed	10:32	5.4	10:19	5.4	3:44	0.4	4:16	1.4	7:20	6:29	
18	Thu	11:04	5.7	11:13	5.5	4:24	0.4	4:56	0.8	7:21	6:27	
19	Fri	11:36	6.0			5:03	0.6	5:38	0.2	7:22	6:26	
20	Sat	12:06	5.6	12:11	6.3	5:43	0.9	6:23	-0.3	7:23	6:25	
21	Sun	1:01	5.5	12:48	6.5	6:25	1.3	7:09	-0.6	7:24	6:23	
22	Mon	1:57	5.4	1:28	6.5	7:09	1.8	7:59	-0.8	7:25	6:22	
23	Tue	2:58	5.2	2:12	6.5	7:57	2.2	8:53	-0.8	7:26	6:21	
24	Wed	4:02	5.0	3:02	6.2	8:52	2.7	9:53	-0.6	7:27	6:19	
25	Thu	5:13	4.9	4:00	5.9	10:00	3.0	10:58	-0.4	7:28	6:18	
26	Fri	6:26	4.9	5:09	5.5	11:26	3.1			7:29	6:17	
27	Sat	7:35	5.0	6:25	5.2	12:09	-0.1	12:54	2.8	7:30	6:16	
28	Sun	8:32	5.3	7:42	5.1	1:17	0.1	2:07	2.4	7:31	6:15	
29	Mon	9:19	5.5	8:52	5.0	2:16	0.3	3:07	1.9	7:32	6:13	
30	Tue	10:00	5.7	9:54	5.0	3:08	0.5	3:57	1.4	7:33	6:12	
31	Wed	10:34	5.8	10:49	5.0	3:52	0.7	4:40	0.9	7:34	6:11	