

Alcatraz Island, CA - Apr 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:36	5.4	12:46	5.3	6:25	0.5	6:35	0.5	6:53	7:32	
2	Tue	1:06	5.7	1:36	5.2	7:06	0.1	7:11	0.9	6:52	7:33	
3	Wed	1:39	5.8	2:31	4.9	7:51	-0.2	7:51	1.4	6:50	7:34	
4	Thu	2:15	5.9	3:32	4.6	8:41	-0.4	8:35	1.9	6:49	7:35	
5	Fri	2:56	5.9	4:41	4.4	9:36	-0.5	9:27	2.4	6:47	7:36	
6	Sat	3:44	5.8	6:01	4.3	10:39	-0.4	10:34	2.8	6:46	7:37	
7	Sun	4:43	5.6	7:25	4.3	11:50	-0.4			6:45	7:38	
8	Mon	5:55	5.4	8:35	4.6	12:03	3.0	1:04	-0.3	6:43	7:39	
9	Tue	7:13	5.2	9:29	4.9	1:33	2.8	2:12	-0.3	6:42	7:40	
10	Wed	8:27	5.2	10:13	5.1	2:44	2.3	3:09	-0.3	6:40	7:41	
11	Thu	9:33	5.2	10:51	5.4	3:42	1.8	3:58	-0.2	6:39	7:41	
12	Fri	10:32	5.2	11:25	5.5	4:32	1.3	4:41	0.0	6:37	7:42	
13	Sat	11:25	5.2	11:57	5.6	5:17	0.8	5:20	0.3	6:36	7:43	
14	Sun			12:15	5.1	5:58	0.4	5:57	0.7	6:34	7:44	
15	Mon	12:27	5.6	1:04	4.9	6:37	0.1	6:33	1.1	6:33	7:45	
16	Tue	12:55	5.6	1:51	4.7	7:14	0.0	7:08	1.6	6:32	7:46	
17	Wed	1:22	5.6	2:39	4.5	7:51	-0.1	7:44	2.0	6:30	7:47	
18	Thu	1:49	5.5	3:30	4.3	8:29	-0.1	8:22	2.4	6:29	7:48	
19	Fri	2:20	5.3	4:26	4.1	9:09	0.0	9:05	2.8	6:28	7:49	
20	Sat	2:55	5.1	5:30	4.0	9:55	0.1	10:00	3.1	6:26	7:50	
21	Sun	3:37	4.9	6:42	4.0	10:48	0.3	11:16	3.2	6:25	7:51	
22	Mon	4:31	4.6	7:48	4.1	11:50	0.4			6:24	7:52	
23	Tue	5:38	4.5	8:38	4.3	12:42	3.2	12:54	0.4	6:22	7:53	
24	Wed	6:51	4.4	9:15	4.5	1:51	2.9	1:51	0.4	6:21	7:53	
25	Thu	8:01	4.4	9:47	4.8	2:44	2.4	2:41	0.3	6:20	7:54	
26	Fri	9:04	4.5	10:17	5.0	3:27	1.9	3:24	0.3	6:19	7:55	
27	Sat	10:02	4.7	10:46	5.3	4:07	1.3	4:03	0.4	6:17	7:56	
28	Sun	10:57	4.8	11:16	5.6	4:45	0.7	4:42	0.6	6:16	7:57	
29	Mon	11:51	4.9	11:48	5.9	5:25	0.1	5:21	0.9	6:15	7:58	
30	Tue			12:45	4.9	6:06	-0.5	6:01	1.3	6:14	7:59	