

Alcatraz Island, CA - Jun 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:19	6.7	3:35	5.0	8:15	-1.7	8:09	2.8	5:49	8:26	
2	Sun	2:10	6.4	4:33	5.0	9:09	-1.5	9:16	2.9	5:48	8:26	
3	Mon	3:07	6.0	5:30	5.1	10:05	-1.1	10:34	2.8	5:48	8:27	
4	Tue	4:10	5.4	6:27	5.2	11:03	-0.7	11:58	2.5	5:48	8:28	
5	Wed	5:22	4.8	7:20	5.4			12:02	-0.2	5:47	8:28	
6	Thu	6:41	4.4	8:08	5.6	1:16	2.1	1:00	0.3	5:47	8:29	
7	Fri	8:03	4.1	8:50	5.8	2:23	1.5	1:55	0.8	5:47	8:29	
8	Sat	9:20	4.1	9:28	5.9	3:20	0.9	2:45	1.2	5:47	8:30	
9	Sun	10:28	4.1	10:03	6.0	4:08	0.4	3:31	1.7	5:47	8:31	
10	Mon	11:27	4.3	10:35	6.0	4:50	0.0	4:14	2.1	5:47	8:31	
11	Tue			12:19	4.4	5:28	-0.3	4:55	2.4	5:47	8:31	
12	Wed			1:07	4.5	6:03	-0.5	5:35	2.7	5:47	8:32	
13	Thu			1:50	4.5	6:37	-0.6	6:14	2.9	5:47	8:32	
14	Fri	12:07	5.9	2:31	4.5	7:10	-0.6	6:53	3.1	5:47	8:33	
15	Sat	12:40	5.8	3:10	4.5	7:43	-0.6	7:32	3.2	5:47	8:33	
16	Sun	1:16	5.7	3:49	4.5	8:18	-0.5	8:15	3.2	5:47	8:33	
17	Mon	1:53	5.5	4:29	4.6	8:55	-0.4	9:04	3.2	5:47	8:34	
18	Tue	2:35	5.2	5:09	4.6	9:35	-0.3	10:01	3.2	5:47	8:34	
19	Wed	3:21	4.9	5:50	4.8	10:17	0.0	11:08	3.0	5:47	8:34	
20	Thu	4:17	4.5	6:31	5.0	11:04	0.3			5:47	8:35	
21	Fri	5:25	4.2	7:11	5.2	12:18	2.6	11:53 AM	0.6	5:48	8:35	
22	Sat	6:47	3.9	7:50	5.6	1:22	2.0	12:46	1.0	5:48	8:35	
23	Sun	8:14	3.9	8:29	5.9	2:18	1.3	1:39	1.4	5:48	8:35	
24	Mon	9:34	4.0	9:10	6.3	3:10	0.6	2:32	1.8	5:48	8:35	
25	Tue	10:45	4.3	9:52	6.7	3:58	-0.2	3:25	2.2	5:49	8:35	
26	Wed	11:46	4.6	10:37	6.9	4:46	-0.9	4:17	2.5	5:49	8:35	
27	Thu			12:43	4.8	5:34	-1.4	5:10	2.6	5:49	8:36	
28	Fri			1:35	5.0	6:23	-1.7	6:04	2.7	5:50	8:36	
29	Sat	12:14	7.1	2:26	5.1	7:12	-1.8	7:00	2.8	5:50	8:35	
30	Sun	1:05	6.9	3:15	5.2	8:01	-1.7	7:59	2.7	5:51	8:35	