

Alcatraz Island, CA - Sep 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:53	4.2	5:20	5.5	11:01	2.5			6:40	7:38	
2	Mon	7:26	4.1	6:13	5.4	12:25	1.1	12:11	3.0	6:41	7:37	
3	Tue	8:51	4.3	7:10	5.4	1:33	1.0	1:25	3.2	6:41	7:35	
4	Wed	9:52	4.5	8:08	5.5	2:33	0.8	2:29	3.2	6:42	7:34	
5	Thu	10:36	4.7	9:01	5.6	3:24	0.6	3:22	3.0	6:43	7:32	
6	Fri	11:11	4.8	9:49	5.7	4:07	0.4	4:06	2.8	6:44	7:31	
7	Sat	11:42	4.9	10:33	5.8	4:44	0.2	4:44	2.6	6:45	7:29	
8	Sun			12:10	5.0	5:18	0.1	5:19	2.3	6:46	7:28	
9	Mon			12:36	5.1	5:49	0.1	5:53	2.0	6:46	7:26	
10	Tue			1:03	5.3	6:19	0.2	6:28	1.8	6:47	7:25	
11	Wed	12:36	5.7	1:31	5.4	6:49	0.4	7:06	1.5	6:48	7:23	
12	Thu	1:19	5.6	2:00	5.6	7:21	0.7	7:46	1.2	6:49	7:22	
13	Fri	2:06	5.3	2:32	5.7	7:55	1.1	8:32	0.9	6:50	7:20	
14	Sat	2:59	5.0	3:07	5.8	8:33	1.6	9:24	0.7	6:51	7:19	
15	Sun	4:02	4.6	3:48	5.8	9:16	2.1	10:24	0.6	6:51	7:17	
16	Mon	5:19	4.3	4:39	5.9	10:09	2.6	11:33	0.5	6:52	7:15	
17	Tue	6:49	4.3	5:40	5.9	11:19	3.0			6:53	7:14	
18	Wed	8:15	4.4	6:50	5.9	12:48	0.3	12:45	3.2	6:54	7:12	
19	Thu	9:20	4.7	8:01	6.0	1:59	0.0	2:04	3.0	6:55	7:11	
20	Fri	10:10	5.0	9:07	6.2	3:00	-0.2	3:09	2.6	6:56	7:09	
21	Sat	10:53	5.3	10:07	6.3	3:53	-0.4	4:04	2.1	6:57	7:08	
22	Sun	11:31	5.5	11:02	6.2	4:40	-0.4	4:54	1.7	6:57	7:06	
23	Mon			12:07	5.7	5:23	-0.2	5:41	1.2	6:58	7:05	
24	Tue			12:42	5.8	6:03	0.1	6:27	0.9	6:59	7:03	
25	Wed	12:45	5.9	1:15	5.9	6:42	0.5	7:12	0.7	7:00	7:01	
26	Thu	1:36	5.5	1:48	5.9	7:21	1.0	7:56	0.6	7:01	7:00	
27	Fri	2:28	5.2	2:21	5.8	8:00	1.6	8:42	0.5	7:02	6:58	
28	Sat	3:24	4.8	2:55	5.6	8:41	2.1	9:30	0.6	7:03	6:57	
29	Sun	4:26	4.5	3:32	5.4	9:28	2.7	10:25	0.7	7:03	6:55	
30	Mon	5:41	4.3	4:17	5.2	10:27	3.1	11:27	0.8	7:04	6:54	