

Alcatraz Island, CA - Nov 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:19	4.7	6:37	4.5	12:37	0.7	1:43	3.0	7:35	6:10	
2	Sat	8:56	4.9	7:48	4.5	1:35	0.7	2:35	2.6	7:36	6:09	
3	Sun	8:27	5.1	7:51	4.6	1:24	0.7	2:18	2.1	6:37	5:08	
4	Mon	8:56	5.3	8:48	4.7	2:06	0.8	2:56	1.5	6:38	5:07	
5	Tue	9:24	5.6	9:42	4.9	2:44	0.9	3:32	1.0	6:39	5:06	
6	Wed	9:53	5.9	10:34	5.0	3:21	1.1	4:08	0.4	6:40	5:05	
7	Thu	10:24	6.1	11:26	5.0	3:58	1.4	4:47	-0.2	6:41	5:04	
8	Fri	10:56	6.4			4:36	1.8	5:27	-0.6	6:42	5:03	
9	Sat	12:20	5.0	11:32 AM	6.5	5:17	2.1	6:11	-0.9	6:43	5:02	
10	Sun	1:15	5.0	12:12	6.5	6:00	2.5	6:59	-1.1	6:45	5:02	
11	Mon	2:13	4.9	12:57	6.4	6:49	2.8	7:51	-1.0	6:46	5:01	
12	Tue	3:15	4.9	1:48	6.2	7:46	3.1	8:48	-0.8	6:47	5:00	
13	Wed	4:21	4.9	2:49	5.8	8:58	3.2	9:51	-0.6	6:48	4:59	
14	Thu	5:26	5.0	4:01	5.4	10:26	3.1	10:58	-0.2	6:49	4:58	
15	Fri	6:26	5.2	5:21	5.0	11:54	2.7			6:50	4:58	
16	Sat	7:18	5.4	6:42	4.8	12:03	0.1	1:07	2.1	6:51	4:57	
17	Sun	8:02	5.7	7:58	4.8	1:01	0.4	2:07	1.5	6:52	4:56	
18	Mon	8:42	6.0	9:05	4.8	1:53	0.7	2:58	0.8	6:53	4:56	
19	Tue	9:17	6.1	10:05	4.8	2:39	1.1	3:43	0.3	6:54	4:55	
20	Wed	9:51	6.2	10:59	4.8	3:22	1.5	4:24	-0.1	6:55	4:54	
21	Thu	10:22	6.3	11:51	4.8	4:02	1.9	5:02	-0.3	6:56	4:54	
22	Fri	10:52	6.2			4:42	2.3	5:38	-0.5	6:57	4:53	
23	Sat	12:39	4.8	11:22 AM	6.1	5:21	2.7	6:13	-0.5	6:58	4:53	
24	Sun	1:27	4.8	11:52 AM	5.9	6:01	3.0	6:49	-0.4	6:59	4:53	
25	Mon	2:13	4.7	12:25	5.7	6:42	3.2	7:26	-0.3	7:00	4:52	
26	Tue	3:00	4.6	1:02	5.5	7:27	3.4	8:07	-0.1	7:01	4:52	
27	Wed	3:49	4.6	1:44	5.2	8:21	3.5	8:51	0.1	7:02	4:51	
28	Thu	4:39	4.6	2:33	4.9	9:28	3.5	9:40	0.3	7:03	4:51	
29	Fri	5:29	4.6	3:32	4.5	10:45	3.3	10:33	0.5	7:04	4:51	
30	Sat	6:13	4.8	4:44	4.2	11:57	3.0	11:28	0.8	7:05	4:51	