

Alcatraz Island, CA - Dec 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:52	5.0	6:02	4.1			12:56	2.5	7:06	4:50	
2	Mon	7:27	5.3	7:19	4.1	12:20	1.0	1:44	1.8	7:07	4:50	
3	Tue	8:00	5.6	8:29	4.2	1:08	1.2	2:26	1.2	7:08	4:50	
4	Wed	8:33	6.0	9:32	4.4	1:54	1.5	3:06	0.4	7:09	4:50	
5	Thu	9:07	6.3	10:30	4.7	2:38	1.8	3:46	-0.2	7:10	4:50	
6	Fri	9:44	6.6	11:25	4.9	3:22	2.1	4:28	-0.8	7:11	4:50	
7	Sat	10:23	6.8			4:07	2.4	5:12	-1.3	7:12	4:50	
8	Sun	12:19	5.0	11:05 AM	6.9	4:54	2.6	5:59	-1.5	7:12	4:50	
9	Mon	1:12	5.1	11:51 AM	6.9	5:43	2.8	6:47	-1.6	7:13	4:50	
10	Tue	2:06	5.1	12:41	6.7	6:37	2.9	7:38	-1.4	7:14	4:50	
11	Wed	3:00	5.1	1:36	6.3	7:39	3.0	8:31	-1.1	7:15	4:50	
12	Thu	3:55	5.2	2:36	5.8	8:51	2.9	9:27	-0.6	7:15	4:51	
13	Fri	4:50	5.3	3:46	5.2	10:13	2.7	10:26	-0.1	7:16	4:51	
14	Sat	5:44	5.5	5:06	4.6	11:37	2.3	11:26	0.4	7:17	4:51	
15	Sun	6:34	5.7	6:32	4.3			12:51	1.7	7:18	4:51	
16	Mon	7:20	5.9	7:55	4.2	12:24	1.0	1:54	1.1	7:18	4:52	
17	Tue	8:02	6.1	9:08	4.3	1:19	1.4	2:46	0.5	7:19	4:52	
18	Wed	8:41	6.3	10:10	4.5	2:09	1.9	3:32	0.0	7:19	4:52	
19	Thu	9:16	6.3	11:04	4.6	2:57	2.3	4:12	-0.3	7:20	4:53	
20	Fri	9:50	6.3	11:52	4.8	3:41	2.6	4:48	-0.5	7:20	4:53	
21	Sat	10:23	6.2			4:23	2.9	5:23	-0.6	7:21	4:54	
22	Sun	12:35	4.8	10:55 AM	6.1	5:04	3.0	5:56	-0.6	7:21	4:54	
23	Mon	1:15	4.8	11:29 AM	6.0	5:43	3.2	6:29	-0.5	7:22	4:55	
24	Tue	1:53	4.8	12:03	5.8	6:22	3.2	7:03	-0.5	7:22	4:55	
25	Wed	2:30	4.8	12:40	5.6	7:03	3.2	7:38	-0.3	7:23	4:56	
26	Thu	3:07	4.7	1:19	5.3	7:48	3.2	8:15	-0.1	7:23	4:57	
27	Fri	3:44	4.8	2:03	5.0	8:41	3.2	8:55	0.2	7:23	4:57	
28	Sat	4:23	4.8	2:54	4.6	9:44	3.0	9:38	0.5	7:24	4:58	
29	Sun	5:04	5.0	3:59	4.2	10:54	2.7	10:26	0.9	7:24	4:59	
30	Mon	5:44	5.2	5:22	3.9			12:02	2.2	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	6:24	5.5	6:55	3.8			1:00	1.6	7:24	5:00	