

Alcatraz Island, CA - Feb 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:59	6.5	10:25	4.6	1:42	3.0	3:08	-0.8	7:13	5:33	
2	Sun	8:54	6.8	11:11	4.9	2:43	3.0	3:58	-1.2	7:12	5:34	
3	Mon	9:48	7.0	11:53	5.1	3:39	2.8	4:45	-1.5	7:11	5:35	
4	Tue	10:41	7.0			4:33	2.5	5:31	-1.6	7:10	5:36	
5	Wed	12:34	5.3	11:33 AM	6.9	5:26	2.2	6:16	-1.4	7:09	5:37	
6	Thu	1:14	5.5	12:25	6.6	6:20	1.9	6:59	-1.0	7:08	5:38	
7	Fri	1:53	5.6	1:19	6.0	7:15	1.7	7:42	-0.5	7:07	5:39	
8	Sat	2:34	5.7	2:16	5.4	8:14	1.5	8:26	0.2	7:06	5:40	
9	Sun	3:15	5.7	3:20	4.7	9:18	1.3	9:12	1.0	7:05	5:41	
10	Mon	3:58	5.7	4:38	4.1	10:28	1.2	10:03	1.7	7:04	5:43	
11	Tue	4:45	5.7	6:14	3.8	11:42	1.0	11:06	2.4	7:03	5:44	
12	Wed	5:36	5.6	7:52	4.0			12:53	0.7	7:02	5:45	
13	Thu	6:30	5.6	9:06	4.2	12:18	2.8	1:55	0.4	7:01	5:46	
14	Fri	7:25	5.6	9:59	4.5	1:28	3.0	2:47	0.2	6:59	5:47	
15	Sat	8:15	5.7	10:40	4.7	2:28	3.0	3:31	0.0	6:58	5:48	
16	Sun	9:01	5.8	11:15	4.8	3:17	2.9	4:09	-0.2	6:57	5:49	
17	Mon	9:44	5.8	11:45	4.8	3:58	2.8	4:43	-0.3	6:56	5:50	
18	Tue	10:23	5.8			4:35	2.6	5:14	-0.3	6:55	5:51	
19	Wed	12:12	4.8	11:00 AM	5.8	5:10	2.4	5:43	-0.3	6:53	5:52	
20	Thu	12:37	4.9	11:37 AM	5.7	5:43	2.2	6:10	-0.2	6:52	5:53	
21	Fri	1:02	5.0	12:14	5.5	6:17	2.0	6:38	0.1	6:51	5:54	
22	Sat	1:28	5.1	12:54	5.2	6:54	1.8	7:07	0.4	6:50	5:55	
23	Sun	1:55	5.2	1:37	4.8	7:34	1.6	7:39	0.8	6:48	5:56	
24	Mon	2:24	5.3	2:29	4.4	8:21	1.4	8:13	1.3	6:47	5:58	
25	Tue	2:58	5.4	3:35	4.0	9:15	1.1	8:54	1.9	6:46	5:59	
26	Wed	3:38	5.5	5:04	3.7	10:20	0.9	9:46	2.5	6:44	6:00	
27	Thu	4:27	5.6	6:51	3.8	11:33	0.6	10:58	3.0	6:43	6:01	
28	Fri	5:28	5.7	8:18	4.1			12:46	0.1	6:41	6:02	
29	Sat	6:35	5.9	9:17	4.4	12:23	3.1	1:51	-0.3	6:40	6:03	