

Alcatraz Island, CA - Apr 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:38	5.8	11:43	5.5	4:34	1.4	4:57	-0.5	6:52	7:33	
2	Thu	11:34	5.7			5:22	0.8	5:38	-0.2	6:51	7:34	
3	Fri	12:17	5.7	12:28	5.5	6:09	0.3	6:18	0.2	6:49	7:35	
4	Sat	12:50	5.9	1:21	5.3	6:54	0.0	6:58	0.7	6:48	7:36	
5	Sun	1:23	5.9	2:15	5.0	7:39	-0.2	7:37	1.3	6:46	7:37	
6	Mon	1:56	5.9	3:11	4.6	8:25	-0.3	8:19	1.9	6:45	7:38	
7	Tue	2:30	5.7	4:13	4.4	9:12	-0.2	9:04	2.5	6:43	7:38	
8	Wed	3:06	5.5	5:24	4.2	10:03	-0.1	10:00	2.9	6:42	7:39	
9	Thu	3:48	5.2	6:46	4.1	11:01	0.2	11:16	3.2	6:41	7:40	
10	Fri	4:40	4.9	8:03	4.2			12:06	0.3	6:39	7:41	
11	Sat	5:46	4.6	9:00	4.4	12:43	3.2	1:14	0.4	6:38	7:42	
12	Sun	6:59	4.5	9:41	4.5	1:56	3.0	2:14	0.4	6:36	7:43	
13	Mon	8:08	4.5	10:12	4.6	2:53	2.6	3:03	0.3	6:35	7:44	
14	Tue	9:08	4.6	10:39	4.8	3:38	2.2	3:44	0.3	6:33	7:45	
15	Wed	10:00	4.7	11:04	5.0	4:17	1.7	4:20	0.4	6:32	7:46	
16	Thu	10:48	4.7	11:28	5.2	4:52	1.3	4:52	0.5	6:31	7:47	
17	Fri	11:35	4.8	11:54	5.4	5:26	0.8	5:23	0.8	6:29	7:48	
18	Sat			12:21	4.8	5:59	0.4	5:54	1.1	6:28	7:49	
19	Sun	12:20	5.6	1:09	4.7	6:34	0.0	6:27	1.4	6:27	7:50	
20	Mon	12:48	5.7	1:59	4.6	7:12	-0.4	7:02	1.8	6:25	7:50	
21	Tue	1:19	5.9	2:53	4.5	7:54	-0.6	7:40	2.3	6:24	7:51	
22	Wed	1:54	5.9	3:54	4.4	8:40	-0.8	8:25	2.7	6:23	7:52	
23	Thu	2:35	5.8	5:02	4.3	9:33	-0.8	9:20	3.0	6:21	7:53	
24	Fri	3:26	5.6	6:17	4.3	10:34	-0.7	10:35	3.2	6:20	7:54	
25	Sat	4:28	5.4	7:27	4.4	11:41	-0.6			6:19	7:55	
26	Sun	5:44	5.1	8:25	4.7	12:09	3.1	12:51	-0.5	6:18	7:56	
27	Mon	7:06	5.0	9:11	5.0	1:35	2.7	1:55	-0.4	6:16	7:57	
28	Tue	8:24	4.9	9:51	5.3	2:42	2.0	2:50	-0.2	6:15	7:58	
29	Wed	9:34	4.9	10:28	5.6	3:39	1.3	3:39	0.0	6:14	7:59	
30	Thu	10:37	4.9	11:02	5.9	4:28	0.7	4:24	0.4	6:13	8:00	