

Alcatraz Island, CA - Jul 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			2:08	4.8	6:47	-0.7	6:28	3.2	5:52	8:35	
2	Thu	12:17	6.1	2:46	4.8	7:22	-0.7	7:10	3.2	5:52	8:35	
3	Fri	12:53	5.9	3:22	4.7	7:57	-0.6	7:53	3.2	5:53	8:35	
4	Sat	1:30	5.7	3:57	4.7	8:32	-0.4	8:37	3.2	5:53	8:35	
5	Sun	2:10	5.4	4:31	4.7	9:07	-0.2	9:28	3.1	5:54	8:35	
6	Mon	2:52	5.0	5:06	4.8	9:44	0.1	10:25	2.9	5:54	8:34	
7	Tue	3:40	4.6	5:41	5.0	10:23	0.5	11:30	2.6	5:55	8:34	
8	Wed	4:38	4.2	6:18	5.2	11:04	0.9			5:56	8:34	
9	Thu	5:52	3.8	6:56	5.4	12:36	2.2	11:51 AM	1.4	5:56	8:33	
10	Fri	7:23	3.6	7:36	5.7	1:37	1.7	12:42	1.9	5:57	8:33	
11	Sat	8:54	3.7	8:17	6.0	2:30	1.1	1:37	2.3	5:57	8:33	
12	Sun	10:11	4.0	9:01	6.4	3:19	0.4	2:32	2.7	5:58	8:32	
13	Mon	11:13	4.3	9:46	6.7	4:06	-0.3	3:27	2.9	5:59	8:32	
14	Tue			12:07	4.6	4:52	-0.8	4:20	3.0	6:00	8:31	
15	Wed			12:55	4.8	5:39	-1.3	5:13	3.0	6:00	8:31	
16	Thu			1:40	5.0	6:26	-1.5	6:06	2.9	6:01	8:30	
17	Fri	12:15	7.1	2:24	5.2	7:13	-1.6	7:01	2.7	6:02	8:29	
18	Sat	1:08	6.9	3:07	5.3	7:59	-1.4	8:00	2.5	6:02	8:29	
19	Sun	2:02	6.5	3:51	5.5	8:46	-1.1	9:03	2.3	6:03	8:28	
20	Mon	3:00	5.9	4:35	5.7	9:33	-0.5	10:13	2.0	6:04	8:27	
21	Tue	4:03	5.3	5:21	5.8	10:22	0.2	11:28	1.7	6:05	8:27	
22	Wed	5:17	4.6	6:09	6.0	11:13	0.9			6:06	8:26	
23	Thu	6:44	4.1	6:58	6.1	12:44	1.3	12:10	1.6	6:06	8:25	
24	Fri	8:18	4.0	7:47	6.2	1:54	0.9	1:11	2.2	6:07	8:24	
25	Sat	9:42	4.2	8:35	6.2	2:56	0.4	2:13	2.7	6:08	8:24	
26	Sun	10:48	4.5	9:21	6.3	3:50	0.1	3:12	2.9	6:09	8:23	
27	Mon	11:41	4.7	10:05	6.3	4:36	-0.2	4:05	3.1	6:10	8:22	
28	Tue			12:25	4.8	5:16	-0.3	4:52	3.1	6:10	8:21	
29	Wed			1:04	4.9	5:53	-0.4	5:34	3.1	6:11	8:20	
30	Thu			1:38	4.9	6:27	-0.4	6:13	3.0	6:12	8:19	
31	Fri	12:02	6.1	2:08	4.9	6:59	-0.3	6:51	2.9	6:13	8:18	