

Alcatraz Island, CA - Oct 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:28	4.8	2:09	5.7	7:45	2.0	8:34	0.5	7:06	6:51	
2	Fri	3:22	4.5	2:43	5.7	8:21	2.5	9:22	0.4	7:07	6:49	
3	Sat	4:28	4.3	3:24	5.7	9:04	2.9	10:20	0.3	7:08	6:48	
4	Sun	5:48	4.2	4:17	5.6	10:02	3.3	11:28	0.2	7:09	6:46	
5	Mon	7:14	4.3	5:25	5.5	11:25	3.5			7:09	6:45	
6	Tue	8:25	4.5	6:42	5.5	12:41	0.1	12:58	3.4	7:10	6:43	
7	Wed	9:16	4.8	7:58	5.6	1:50	-0.1	2:13	2.9	7:11	6:42	
8	Thu	9:58	5.1	9:06	5.8	2:49	-0.2	3:12	2.3	7:12	6:41	
9	Fri	10:35	5.5	10:08	5.9	3:40	-0.3	4:04	1.7	7:13	6:39	
10	Sat	11:11	5.8	11:07	5.9	4:26	-0.2	4:53	1.0	7:14	6:38	
11	Sun	11:45	6.0			5:09	0.1	5:41	0.4	7:15	6:36	
12	Mon	12:03	5.8	12:20	6.2	5:50	0.6	6:28	0.0	7:16	6:35	
13	Tue	12:59	5.6	12:55	6.3	6:31	1.1	7:14	-0.3	7:17	6:33	
14	Wed	1:56	5.3	1:30	6.3	7:13	1.7	8:02	-0.4	7:18	6:32	
15	Thu	2:54	5.1	2:07	6.1	7:57	2.2	8:50	-0.3	7:19	6:31	
16	Fri	3:57	4.8	2:47	5.9	8:46	2.8	9:43	-0.1	7:20	6:29	
17	Sat	5:08	4.6	3:32	5.5	9:46	3.2	10:42	0.2	7:21	6:28	
18	Sun	6:25	4.6	4:26	5.2	11:04	3.4	11:47	0.4	7:22	6:26	
19	Mon	7:38	4.7	5:32	4.9			12:30	3.4	7:23	6:25	
20	Tue	8:35	4.8	6:46	4.7	12:54	0.5	1:43	3.1	7:24	6:24	
21	Wed	9:18	4.9	7:56	4.7	1:55	0.6	2:39	2.7	7:25	6:23	
22	Thu	9:51	5.0	8:56	4.8	2:45	0.6	3:25	2.3	7:26	6:21	
23	Fri	10:19	5.2	9:49	4.8	3:26	0.7	4:05	1.8	7:27	6:20	
24	Sat	10:44	5.3	10:38	4.9	4:02	0.8	4:40	1.4	7:28	6:19	
25	Sun	11:08	5.5	11:24	4.9	4:34	1.0	5:13	1.0	7:29	6:18	
26	Mon	11:32	5.7			5:05	1.3	5:46	0.6	7:30	6:16	
27	Tue	12:09	4.9	11:57 AM	5.8	5:35	1.6	6:18	0.2	7:31	6:15	
28	Wed	12:55	4.8	12:24	6.0	6:06	1.9	6:53	-0.1	7:32	6:14	
29	Thu	1:43	4.8	12:54	6.0	6:40	2.3	7:32	-0.3	7:33	6:13	
30	Fri	2:35	4.7	1:27	6.1	7:16	2.7	8:15	-0.5	7:34	6:12	
31	Sat	3:32	4.6	2:06	6.0	7:58	3.0	9:04	-0.5	7:35	6:11	