

Alcatraz Island, CA - Dec 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:21	4.9	2:41	5.6	8:57	3.3	9:42	-0.5	7:07	4:50	
2	Wed	5:16	5.0	3:53	5.1	10:24	3.0	10:43	-0.2	7:08	4:50	
3	Thu	6:08	5.3	5:16	4.7	11:49	2.5	11:43	0.3	7:09	4:50	
4	Fri	6:55	5.6	6:42	4.5			1:01	1.8	7:10	4:50	
5	Sat	7:38	5.9	8:03	4.4	12:40	0.7	2:02	1.0	7:10	4:50	
6	Sun	8:18	6.3	9:16	4.5	1:33	1.2	2:54	0.3	7:11	4:50	
7	Mon	8:56	6.5	10:20	4.7	2:23	1.6	3:41	-0.3	7:12	4:50	
8	Tue	9:33	6.6	11:17	4.8	3:10	2.1	4:24	-0.7	7:13	4:50	
9	Wed	10:10	6.7			3:57	2.5	5:05	-0.9	7:14	4:50	
10	Thu	12:10	4.9	10:46 AM	6.6	4:42	2.8	5:45	-1.0	7:15	4:50	
11	Fri	1:00	5.0	11:23 AM	6.4	5:28	3.0	6:24	-0.9	7:15	4:50	
12	Sat	1:47	4.9	12:00	6.1	6:14	3.2	7:03	-0.8	7:16	4:51	
13	Sun	2:33	4.9	12:38	5.8	7:01	3.3	7:43	-0.5	7:17	4:51	
14	Mon	3:18	4.8	1:19	5.5	7:53	3.4	8:25	-0.2	7:17	4:51	
15	Tue	4:03	4.8	2:04	5.1	8:51	3.3	9:08	0.1	7:18	4:52	
16	Wed	4:46	4.8	2:56	4.6	10:00	3.2	9:54	0.5	7:19	4:52	
17	Thu	5:28	4.8	3:59	4.2	11:12	2.9	10:43	0.9	7:19	4:52	
18	Fri	6:07	5.0	5:16	3.9			12:19	2.5	7:20	4:53	
19	Sat	6:43	5.2	6:41	3.7			1:15	1.9	7:20	4:53	
20	Sun	7:17	5.5	8:02	3.8	12:23	1.6	2:02	1.3	7:21	4:54	
21	Mon	7:51	5.8	9:11	4.0	1:11	2.0	2:43	0.7	7:21	4:54	
22	Tue	8:25	6.0	10:10	4.2	1:57	2.3	3:21	0.1	7:22	4:55	
23	Wed	9:01	6.3	11:03	4.5	2:42	2.6	4:00	-0.4	7:22	4:55	
24	Thu	9:40	6.6	11:51	4.7	3:27	2.8	4:39	-0.9	7:23	4:56	
25	Fri	10:20	6.7			4:11	3.0	5:21	-1.2	7:23	4:56	
26	Sat	12:38	4.9	11:04 AM	6.8	4:57	3.1	6:04	-1.4	7:23	4:57	
27	Sun	1:24	5.0	11:51 AM	6.8	5:46	3.0	6:49	-1.5	7:24	4:58	
28	Mon	2:09	5.0	12:40	6.5	6:39	3.0	7:36	-1.3	7:24	4:58	
29	Tue	2:55	5.1	1:34	6.1	7:39	2.9	8:25	-0.9	7:24	4:59	
30	Wed	3:43	5.2	2:35	5.6	8:48	2.7	9:16	-0.4	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	4:31	5.4	3:45	4.9	10:06	2.4	10:08	0.2	7:24	5:01	