

Alcatraz Island, CA - Jan 2077

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:18	5.7	5:07	4.3	11:27	1.9	11:03	0.9	7:25	5:02	
2	Sat	6:05	5.9	6:40	4.0			12:42	1.2	7:25	5:02	
3	Sun	6:52	6.2	8:12	4.0	12:01	1.5	1:47	0.6	7:25	5:03	
4	Mon	7:37	6.4	9:28	4.3	1:00	2.1	2:42	0.0	7:25	5:04	
5	Tue	8:21	6.5	10:30	4.6	1:57	2.5	3:31	-0.4	7:25	5:05	
6	Wed	9:04	6.5	11:23	4.8	2:52	2.9	4:14	-0.7	7:25	5:06	
7	Thu	9:45	6.5			3:43	3.0	4:54	-0.8	7:25	5:07	
8	Fri	12:08	4.9	10:25 AM	6.4	4:31	3.1	5:32	-0.8	7:25	5:08	
9	Sat	12:49	4.9	11:04 AM	6.3	5:15	3.1	6:08	-0.8	7:24	5:09	
10	Sun	1:27	4.9	11:42 AM	6.1	5:57	3.1	6:42	-0.6	7:24	5:10	
11	Mon	2:02	4.9	12:19	5.8	6:39	3.1	7:16	-0.4	7:24	5:11	
12	Tue	2:34	4.8	12:57	5.5	7:22	3.0	7:50	-0.1	7:24	5:12	
13	Wed	3:06	4.8	1:38	5.1	8:08	2.9	8:24	0.2	7:24	5:13	
14	Thu	3:38	4.8	2:23	4.6	9:02	2.7	8:59	0.7	7:23	5:14	
15	Fri	4:11	4.9	3:19	4.1	10:04	2.5	9:37	1.2	7:23	5:15	
16	Sat	4:47	5.1	4:33	3.7	11:12	2.2	10:21	1.7	7:22	5:16	
17	Sun	5:26	5.3	6:12	3.5			12:18	1.7	7:22	5:17	
18	Mon	6:07	5.5	7:55	3.6			1:16	1.1	7:22	5:18	
19	Tue	6:52	5.8	9:14	3.9	12:14	2.7	2:07	0.5	7:21	5:19	
20	Wed	7:38	6.1	10:11	4.3	1:16	3.0	2:53	-0.1	7:21	5:20	
21	Thu	8:26	6.4	10:58	4.6	2:14	3.2	3:38	-0.7	7:20	5:21	
22	Fri	9:14	6.6	11:40	4.8	3:07	3.2	4:22	-1.1	7:19	5:22	
23	Sat	10:03	6.9			3:58	3.1	5:06	-1.5	7:19	5:23	
24	Sun	12:19	5.0	10:53 AM	7.0	4:47	2.9	5:50	-1.6	7:18	5:24	
25	Mon	12:58	5.1	11:43 AM	6.9	5:38	2.6	6:33	-1.5	7:18	5:26	
26	Tue	1:37	5.3	12:35	6.6	6:31	2.3	7:17	-1.2	7:17	5:27	
27	Wed	2:16	5.4	1:30	6.0	7:28	2.0	8:00	-0.6	7:16	5:28	
28	Thu	2:57	5.6	2:30	5.4	8:31	1.8	8:45	0.1	7:15	5:29	
29	Fri	3:40	5.8	3:40	4.7	9:41	1.5	9:32	0.9	7:15	5:30	
30	Sat	4:25	5.9	5:06	4.1	10:58	1.1	10:27	1.7	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	5:15	6.0	6:47	3.9			12:15	0.7	7:13	5:32	