

Alcatraz Island, CA - Mar 2077

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:25	5.8	6:51	4.0	11:40	0.3	11:14	2.9	6:39	6:03	
2	Tue	5:25	5.6	8:17	4.3			12:54	0.2	6:38	6:04	
3	Wed	6:30	5.5	9:17	4.6	12:39	3.1	1:59	0.0	6:36	6:05	
4	Thu	7:34	5.5	10:03	4.8	1:52	3.0	2:53	-0.1	6:35	6:06	
5	Fri	8:31	5.5	10:40	4.9	2:49	2.8	3:37	-0.2	6:33	6:07	
6	Sat	9:20	5.6	11:11	4.9	3:35	2.6	4:14	-0.2	6:32	6:08	
7	Sun	10:03	5.6	11:38	4.9	4:15	2.3	4:47	-0.2	6:30	6:09	
8	Mon	10:43	5.5			4:51	2.0	5:16	0.0	6:29	6:10	
9	Tue	12:02	4.9	11:21 AM	5.4	5:24	1.7	5:43	0.2	6:27	6:11	
10	Wed	12:24	5.0	11:58 AM	5.2	5:57	1.5	6:09	0.4	6:26	6:12	
11	Thu	12:46	5.1	12:37	4.9	6:30	1.3	6:35	0.8	6:25	6:13	
12	Fri	1:09	5.2	1:18	4.6	7:05	1.1	7:02	1.2	6:23	6:14	
13	Sat	1:34	5.3	2:04	4.3	7:43	0.9	7:31	1.7	6:22	6:15	
14	Sun	3:01	5.3	4:01	4.0	9:27	0.8	9:03	2.2	7:20	7:16	
15	Mon	3:34	5.3	5:16	3.7	10:19	0.7	9:44	2.7	7:19	7:17	
16	Tue	4:16	5.3	6:56	3.7	11:23	0.5	10:44	3.2	7:17	7:18	
17	Wed	5:11	5.3	8:33	3.9			12:35	0.3	7:15	7:19	
18	Thu	6:21	5.3	9:35	4.2	12:16	3.4	1:47	0.0	7:14	7:20	
19	Fri	7:35	5.5	10:17	4.5	1:46	3.3	2:50	-0.4	7:12	7:21	
20	Sat	8:44	5.7	10:54	4.8	2:54	2.9	3:43	-0.7	7:11	7:22	
21	Sun	9:47	6.0	11:28	5.1	3:49	2.3	4:30	-0.9	7:09	7:23	
22	Mon	10:45	6.1			4:40	1.7	5:14	-0.8	7:08	7:24	
23	Tue	12:01	5.4	11:42 AM	6.1	5:29	1.0	5:56	-0.6	7:06	7:24	
24	Wed	12:35	5.7	12:37	5.9	6:18	0.5	6:36	-0.2	7:05	7:25	
25	Thu	1:09	5.9	1:33	5.6	7:07	0.0	7:17	0.4	7:03	7:26	
26	Fri	1:45	6.1	2:32	5.2	7:58	-0.3	7:59	1.1	7:02	7:27	
27	Sat	2:22	6.1	3:35	4.7	8:50	-0.4	8:43	1.8	7:00	7:28	
28	Sun	3:02	6.0	4:46	4.4	9:47	-0.4	9:35	2.4	6:59	7:29	
29	Mon	3:46	5.8	6:10	4.2	10:49	-0.2	10:42	2.9	6:57	7:30	
30	Tue	4:39	5.4	7:39	4.2	11:59	0.0			6:56	7:31	
31	Wed	5:43	5.1	8:52	4.4	12:09	3.2	1:13	0.1	6:54	7:32	