US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:37	5.0	12:56	5.9	7:17	3.1	7:55	-0.6	7:25	5:01	
2	Sun	3:18	5.0	1:41	5.4	8:13	3.0	8:36	-0.1	7:25	5:02	
3	Mon	3:57	5.0	2:30	4.8	9:14	2.9	9:16	0.4	7:25	5:03	
4	Tue	4:35	5.0	3:28	4.2	10:22	2.6	9:59	0.9	7:25	5:04	
5	Wed	5:13	5.1	4:42	3.7	11:32	2.3	10:44	1.5	7:25	5:05	
6	Thu	5:49	5.2	6:16	3.5			12:37	1.8	7:25	5:06	
7	Fri	6:26	5.4	7:57	3.5			1:33	1.3	7:25	5:07	
8	Sat	7:04	5.6	9:17	3.8	12:29	2.6	2:21	0.7	7:25	5:07	
9	Sun	7:43	5.8	10:14	4.1	1:24	2.9	3:02	0.3	7:24	5:08	
10	Mon	8:23	6.0	11:00	4.4	2:16	3.2	3:41	-0.2	7:24	5:09	
11	Tue	9:04	6.2	11:40	4.6	3:03	3.3	4:18	-0.6	7:24	5:10	
12	Wed	9:46	6.4			3:47	3.3	4:56	-0.9	7:24	5:11	
13	Thu	12:16	4.7	10:28 AM	6.5	4:28	3.3	5:33	-1.1	7:24	5:12	
14	Fri	12:52	4.8	11:11 AM	6.6	5:11	3.2	6:12	-1.2	7:23	5:13	
15	Sat	1:28	4.9	11:56 AM	6.5	5:55	3.0	6:51	-1.2	7:23	5:14	
16	Sun	2:03	5.0	12:43	6.2	6:44	2.8	7:31	-1.0	7:23	5:16	
17	Mon	2:40	5.2	1:34	5.8	7:39	2.5	8:12	-0.6	7:22	5:17	
18	Tue	3:18	5.3	2:32	5.2	8:41	2.2	8:56	0.1	7:22	5:18	
19	Wed	3:58	5.6	3:43	4.5	9:53	1.8	9:42	0.8	7:21	5:19	
20	Thu	4:42	5.8	5:13	4.0	11:10	1.4	10:35	1.6	7:21	5:20	
21	Fri	5:29	6.1	6:57	3.8			12:26	0.8	7:20	5:21	
22	Sat	6:20	6.3	8:32	4.0			1:35	0.2	7:20	5:22	
23	Sun	7:13	6.4	9:45	4.4	12:45	2.8	2:34	-0.4	7:19	5:23	
24	Mon	8:07	6.6	10:40	4.7	1:53	3.1	3:27	-0.7	7:18	5:24	
25	Tue	8:59	6.6	11:27	4.9	2:56	3.1	4:14	-1.0	7:18	5:25	
26	Wed	9:49	6.6			3:51	3.1	4:57	-1.0	7:17	5:26	
27	Thu	12:08	5.1	10:35 AM	6.5	4:41	2.9	5:37	-1.0	7:16	5:28	
28	Fri	12:46	5.1	11:19 AM	6.3	5:27	2.8	6:14	-0.8	7:16	5:29	
29	Sat	1:21	5.1	12:01	6.0	6:11	2.6	6:48	-0.6	7:15	5:30	
30	Sun	1:53	5.1	12:41	5.6	6:55	2.5	7:21	-0.2	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	**2:23**	5.0	**1:22**	5.2	**7:40**	2.3	**7:53**	0.3	7:13	5:32	◯