

Alcatraz Island, CA - May 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:05	5.4	4:55	4.0	9:12	-0.4	8:47	3.3	6:12	8:00	
2	Mon	2:46	5.2	6:01	4.0	10:02	-0.3	9:49	3.5	6:11	8:01	
3	Tue	3:37	5.0	7:05	4.1	11:00	-0.3	11:17	3.5	6:10	8:02	
4	Wed	4:42	4.8	7:56	4.3			12:03	-0.2	6:09	8:03	
5	Thu	5:58	4.7	8:35	4.6	12:47	3.1	1:04	-0.2	6:08	8:04	
6	Fri	7:19	4.6	9:10	5.0	1:56	2.6	1:59	-0.1	6:07	8:05	
7	Sat	8:35	4.6	9:42	5.4	2:52	1.8	2:49	0.1	6:06	8:06	
8	Sun	9:46	4.7	10:15	5.8	3:42	1.0	3:35	0.4	6:05	8:07	
9	Mon	10:52	4.8	10:49	6.2	4:29	0.1	4:19	0.8	6:04	8:07	
10	Tue	11:55	4.9	11:25	6.5	5:16	-0.7	5:03	1.3	6:03	8:08	
11	Wed			12:56	4.9	6:04	-1.3	5:48	1.9	6:02	8:09	
12	Thu	12:03	6.7	1:57	4.9	6:52	-1.6	6:35	2.3	6:01	8:10	
13	Fri	12:45	6.7	2:58	4.8	7:42	-1.7	7:26	2.7	6:00	8:11	
14	Sat	1:29	6.5	3:59	4.7	8:34	-1.6	8:23	3.0	5:59	8:12	
15	Sun	2:18	6.2	5:03	4.7	9:28	-1.3	9:31	3.2	5:58	8:13	
16	Mon	3:12	5.7	6:07	4.7	10:26	-0.9	10:53	3.2	5:58	8:14	
17	Tue	4:13	5.2	7:06	4.8	11:28	-0.5			5:57	8:14	
18	Wed	5:23	4.7	7:58	4.9	12:18	2.9	12:29	-0.1	5:56	8:15	
19	Thu	6:40	4.3	8:41	5.1	1:32	2.5	1:25	0.3	5:55	8:16	
20	Fri	7:59	4.0	9:16	5.2	2:34	1.9	2:15	0.6	5:55	8:17	
21	Sat	9:11	3.9	9:45	5.4	3:25	1.4	2:58	1.0	5:54	8:18	
22	Sun	10:14	4.0	10:12	5.5	4:09	0.9	3:37	1.4	5:53	8:19	
23	Mon	11:11	4.0	10:36	5.6	4:47	0.4	4:13	1.9	5:53	8:19	
24	Tue			12:03	4.1	5:22	0.0	4:47	2.3	5:52	8:20	
25	Wed			12:51	4.2	5:54	-0.3	5:21	2.6	5:52	8:21	
26	Thu			1:36	4.3	6:26	-0.5	5:55	2.9	5:51	8:22	
27	Fri			2:21	4.3	6:59	-0.7	6:30	3.1	5:51	8:22	
28	Sat	12:29	5.8	3:05	4.3	7:34	-0.8	7:07	3.3	5:50	8:23	
29	Sun	1:04	5.8	3:51	4.3	8:12	-0.8	7:49	3.4	5:50	8:24	
30	Mon	1:43	5.7	4:39	4.4	8:54	-0.8	8:39	3.4	5:49	8:25	
31	Tue	2:27	5.5	5:27	4.4	9:41	-0.7	9:42	3.4	5:49	8:25	