

Alcatraz Island, CA - Jun 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:18	5.2	6:14	4.6	10:31	-0.6	11:00	3.2	5:49	8:26	
2	Thu	4:20	4.8	6:57	4.8	11:24	-0.3			5:48	8:27	
3	Fri	5:35	4.5	7:37	5.1	12:21	2.8	12:18	0.0	5:48	8:27	
4	Sat	7:00	4.2	8:15	5.5	1:32	2.1	1:11	0.4	5:48	8:28	
5	Sun	8:27	4.1	8:52	6.0	2:32	1.2	2:03	0.9	5:47	8:28	
6	Mon	9:47	4.2	9:30	6.4	3:26	0.3	2:54	1.4	5:47	8:29	
7	Tue	10:59	4.4	10:09	6.7	4:16	-0.5	3:43	1.9	5:47	8:30	
8	Wed			12:04	4.6	5:05	-1.1	4:34	2.4	5:47	8:30	
9	Thu			1:04	4.8	5:53	-1.6	5:25	2.7	5:47	8:31	
10	Fri			2:00	4.9	6:41	-1.7	6:18	2.9	5:47	8:31	
11	Sat	12:22	6.9	2:53	4.9	7:30	-1.7	7:13	3.1	5:47	8:32	
12	Sun	1:10	6.6	3:45	4.9	8:18	-1.5	8:13	3.1	5:47	8:32	
13	Mon	2:00	6.2	4:37	4.9	9:08	-1.2	9:18	3.1	5:47	8:32	
14	Tue	2:51	5.7	5:27	5.0	9:57	-0.8	10:29	3.0	5:47	8:33	
15	Wed	3:47	5.1	6:15	5.0	10:47	-0.3	11:44	2.7	5:47	8:33	
16	Thu	4:49	4.5	6:59	5.1	11:37	0.3			5:47	8:34	
17	Fri	6:03	4.0	7:38	5.2	12:56	2.3	12:27	0.8	5:47	8:34	
18	Sat	7:26	3.7	8:13	5.4	1:59	1.8	1:15	1.3	5:47	8:34	
19	Sun	8:52	3.6	8:45	5.6	2:54	1.3	2:02	1.8	5:47	8:34	
20	Mon	10:08	3.7	9:16	5.7	3:40	0.8	2:48	2.3	5:47	8:35	
21	Tue	11:11	3.9	9:47	5.9	4:20	0.3	3:31	2.7	5:48	8:35	
22	Wed			12:03	4.1	4:57	-0.1	4:13	3.0	5:48	8:35	
23	Thu			12:49	4.3	5:32	-0.4	4:53	3.2	5:48	8:35	
24	Fri			1:31	4.4	6:07	-0.6	5:32	3.3	5:49	8:35	
25	Sat			2:10	4.5	6:42	-0.8	6:12	3.4	5:49	8:35	
26	Sun	12:09	6.2	2:48	4.6	7:18	-0.9	6:53	3.4	5:49	8:35	
27	Mon	12:49	6.1	3:25	4.7	7:56	-1.0	7:38	3.3	5:50	8:36	
28	Tue	1:32	6.0	4:04	4.7	8:36	-1.0	8:29	3.2	5:50	8:36	
29	Wed	2:17	5.7	4:42	4.9	9:17	-0.8	9:29	3.0	5:50	8:35	
30	Thu	3:09	5.3	5:22	5.1	10:01	-0.5	10:39	2.7	5:51	8:35	