

Alcatraz Island, CA - Aug 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:10	3.9	6:42	6.3	12:42	0.9	11:58 AM	2.3	6:13	8:18	
2	Tue	8:51	4.0	7:37	6.5	1:54	0.4	1:05	2.8	6:14	8:17	
3	Wed	10:10	4.3	8:33	6.7	2:58	-0.1	2:15	3.1	6:15	8:16	
4	Thu	11:10	4.7	9:30	6.8	3:55	-0.5	3:21	3.2	6:16	8:15	
5	Fri	11:59	4.9	10:23	6.8	4:46	-0.8	4:20	3.1	6:17	8:14	
6	Sat			12:42	5.1	5:33	-0.9	5:14	2.9	6:18	8:12	
7	Sun			1:21	5.2	6:15	-0.9	6:03	2.7	6:19	8:11	
8	Mon	12:02	6.6	1:58	5.2	6:55	-0.7	6:50	2.5	6:19	8:10	
9	Tue	12:47	6.3	2:32	5.2	7:32	-0.5	7:37	2.4	6:20	8:09	
10	Wed	1:31	5.9	3:03	5.2	8:07	-0.1	8:23	2.2	6:21	8:08	
11	Thu	2:15	5.4	3:33	5.3	8:40	0.4	9:12	2.1	6:22	8:07	
12	Fri	3:01	4.9	4:03	5.3	9:14	1.0	10:05	1.9	6:23	8:06	
13	Sat	3:55	4.4	4:35	5.3	9:48	1.6	11:04	1.8	6:24	8:04	
14	Sun	5:02	3.9	5:10	5.4	10:27	2.3			6:25	8:03	
15	Mon	6:35	3.7	5:53	5.4	12:09	1.6	11:16 AM	2.8	6:25	8:02	
16	Tue	8:30	3.7	6:43	5.5	1:15	1.3	12:24	3.3	6:26	8:00	
17	Wed	9:53	4.0	7:38	5.6	2:17	1.0	1:41	3.5	6:27	7:59	
18	Thu	10:44	4.3	8:33	5.8	3:10	0.6	2:45	3.5	6:28	7:58	
19	Fri	11:21	4.5	9:24	6.0	3:56	0.2	3:35	3.4	6:29	7:57	
20	Sat	11:53	4.7	10:12	6.2	4:37	-0.1	4:19	3.2	6:30	7:55	
21	Sun			12:23	4.8	5:15	-0.4	4:59	2.9	6:31	7:54	
22	Mon			12:52	5.0	5:52	-0.6	5:40	2.6	6:31	7:52	
23	Tue			1:22	5.2	6:27	-0.6	6:23	2.2	6:32	7:51	
24	Wed	12:31	6.4	1:53	5.4	7:03	-0.5	7:09	1.8	6:33	7:50	
25	Thu	1:20	6.1	2:25	5.6	7:39	-0.1	7:59	1.4	6:34	7:48	
26	Fri	2:13	5.7	2:59	5.9	8:17	0.4	8:53	1.1	6:35	7:47	
27	Sat	3:12	5.2	3:36	6.1	8:57	1.1	9:54	0.8	6:36	7:45	
28	Sun	4:22	4.6	4:19	6.2	9:41	1.8	11:03	0.6	6:37	7:44	
29	Mon	5:49	4.2	5:09	6.2	10:35	2.5			6:37	7:42	
30	Tue	7:29	4.2	6:09	6.2	12:18	0.4	11:45 AM	3.1	6:38	7:41	
31	Wed	8:59	4.4	7:16	6.2	1:35	0.1	1:09	3.3	6:39	7:40	