

Alcatraz Island, CA - Nov 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:42	5.7	11:01	4.8	4:03	0.9	4:51	0.9	7:35	6:10	
2	Wed	11:07	5.8	11:50	4.7	4:37	1.3	5:27	0.5	7:36	6:09	
3	Thu	11:31	5.8			5:09	1.7	6:00	0.2	7:37	6:08	
4	Fri	12:37	4.6	11:53 AM	5.9	5:40	2.2	6:32	0.0	7:38	6:07	
5	Sat	1:23	4.6	12:16	5.9	6:10	2.6	7:04	-0.1	7:40	6:06	
6	Sun	1:08	4.5	11:42 AM	5.8	5:42	2.9	6:37	-0.2	6:41	5:05	
7	Mon	1:55	4.5	12:11	5.7	6:15	3.2	7:13	-0.2	6:42	5:04	
8	Tue	2:46	4.4	12:45	5.6	6:51	3.5	7:55	-0.1	6:43	5:03	
9	Wed	3:42	4.3	1:26	5.4	7:35	3.7	8:42	0.0	6:44	5:02	
10	Thu	4:43	4.3	2:15	5.2	8:35	3.8	9:37	0.1	6:45	5:01	
11	Fri	5:43	4.4	3:17	4.9	10:03	3.7	10:37	0.2	6:46	5:01	
12	Sat	6:31	4.6	4:32	4.7	11:33	3.4	11:37	0.2	6:47	5:00	
13	Sun	7:10	4.8	5:52	4.6			12:40	2.9	6:48	4:59	
14	Mon	7:44	5.2	7:10	4.6	12:32	0.4	1:34	2.1	6:49	4:58	
15	Tue	8:15	5.6	8:22	4.7	1:21	0.5	2:21	1.3	6:50	4:57	
16	Wed	8:47	6.0	9:28	4.8	2:07	0.9	3:07	0.4	6:51	4:57	
17	Thu	9:20	6.4	10:32	5.0	2:51	1.3	3:52	-0.4	6:52	4:56	
18	Fri	9:56	6.8	11:33	5.1	3:35	1.7	4:38	-1.0	6:53	4:55	
19	Sat	10:34	7.0			4:20	2.2	5:26	-1.5	6:54	4:55	
20	Sun	12:32	5.1	11:16 AM	7.1	5:07	2.6	6:15	-1.6	6:55	4:54	
21	Mon	1:31	5.1	12:02	7.0	5:57	3.0	7:06	-1.6	6:56	4:54	
22	Tue	2:31	5.0	12:51	6.7	6:53	3.2	8:00	-1.3	6:58	4:53	
23	Wed	3:32	5.0	1:46	6.2	7:58	3.3	8:57	-0.9	6:59	4:53	
24	Thu	4:33	5.0	2:47	5.6	9:16	3.3	9:58	-0.4	7:00	4:52	
25	Fri	5:33	5.1	3:56	5.0	10:43	3.1	10:59	0.0	7:01	4:52	
26	Sat	6:26	5.2	5:15	4.6			12:03	2.7	7:02	4:52	
27	Sun	7:12	5.4	6:37	4.3			1:11	2.1	7:03	4:51	
28	Mon	7:50	5.6	7:54	4.1	12:50	0.9	2:06	1.5	7:04	4:51	
29	Tue	8:23	5.7	9:03	4.2	1:37	1.3	2:53	0.9	7:05	4:51	
30	Wed	8:52	5.8	10:02	4.3	2:19	1.7	3:33	0.5	7:05	4:51	