

Alcatraz Island, CA - Dec 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:19	5.9	10:55	4.4	2:58	2.2	4:09	0.1	7:06	4:50	
2	Fri	9:45	6.0	11:43	4.5	3:34	2.6	4:42	-0.2	7:07	4:50	
3	Sat	10:12	6.1			4:10	2.9	5:14	-0.4	7:08	4:50	
4	Sun	12:27	4.5	10:42 AM	6.1	4:45	3.2	5:46	-0.5	7:09	4:50	
5	Mon	1:10	4.6	11:14 AM	6.0	5:20	3.4	6:20	-0.6	7:10	4:50	
6	Tue	1:51	4.6	11:48 AM	5.9	5:57	3.5	6:56	-0.6	7:11	4:50	
7	Wed	2:33	4.6	12:25	5.8	6:36	3.6	7:35	-0.5	7:12	4:50	
8	Thu	3:16	4.5	1:07	5.6	7:22	3.6	8:17	-0.4	7:13	4:50	
9	Fri	4:01	4.6	1:54	5.3	8:18	3.6	9:03	-0.3	7:13	4:50	
10	Sat	4:45	4.7	2:50	4.9	9:30	3.4	9:53	0.0	7:14	4:50	
11	Sun	5:27	4.9	4:01	4.5	10:50	3.0	10:45	0.3	7:15	4:50	
12	Mon	6:07	5.2	5:26	4.2			12:04	2.4	7:16	4:51	
13	Tue	6:45	5.6	6:57	4.1			1:07	1.6	7:16	4:51	
14	Wed	7:22	6.0	8:21	4.2	12:32	1.3	2:01	0.7	7:17	4:51	
15	Thu	8:01	6.4	9:35	4.4	1:24	1.8	2:51	-0.2	7:18	4:51	
16	Fri	8:41	6.8	10:40	4.7	2:16	2.2	3:40	-0.9	7:18	4:52	
17	Sat	9:24	7.1	11:39	4.9	3:08	2.6	4:28	-1.4	7:19	4:52	
18	Sun	10:10	7.2			4:00	2.9	5:16	-1.7	7:20	4:52	
19	Mon	12:33	5.1	10:57 AM	7.2	4:52	3.0	6:04	-1.8	7:20	4:53	
20	Tue	1:25	5.1	11:47 AM	7.0	5:47	3.1	6:53	-1.6	7:21	4:53	
21	Wed	2:15	5.1	12:37	6.6	6:44	3.1	7:41	-1.3	7:21	4:54	
22	Thu	3:04	5.1	1:30	6.1	7:45	3.0	8:30	-0.8	7:22	4:54	
23	Fri	3:53	5.2	2:25	5.4	8:54	2.9	9:19	-0.3	7:22	4:55	
24	Sat	4:41	5.2	3:27	4.8	10:09	2.7	10:09	0.3	7:22	4:55	
25	Sun	5:27	5.3	4:41	4.2	11:26	2.4	11:00	0.9	7:23	4:56	
26	Mon	6:11	5.4	6:09	3.8			12:36	1.9	7:23	4:57	
27	Tue	6:50	5.5	7:42	3.7			1:36	1.3	7:23	4:57	
28	Wed	7:26	5.7	9:03	3.9	12:45	2.1	2:26	0.8	7:24	4:58	
29	Thu	8:01	5.8	10:07	4.1	1:36	2.6	3:09	0.3	7:24	4:59	
30	Fri	8:35	5.9	10:58	4.3	2:25	2.9	3:47	0.0	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	9:09	6.1	11:43	4.5	3:10	3.2	4:23	-0.3	7:24	5:00	