US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:42	6.2			3:49	3.4	4:57	-0.5	7:25	5:01	
2	Mon	12:20	4.6	10:19 AM	6.2	4:28	3.4	5:30	-0.7	7:25	5:02	
3	Tue	12:54	4.7	10:57 AM	6.2	5:05	3.4	6:04	-0.8	7:25	5:03	
4	Wed	1:27	4.7	11:35 AM	6.2	5:42	3.3	6:38	-0.8	7:25	5:04	
5	Thu	2:00	4.7	12:14	6.0	6:21	3.2	7:13	-0.8	7:25	5:04	
6	Fri	2:33	4.8	12:55	5.8	7:06	3.1	7:49	-0.6	7:25	5:05	
7	Sat	3:07	4.9	1:41	5.4	7:57	2.9	8:28	-0.3	7:25	5:06	
8	Sun	3:42	5.1	2:35	4.9	8:58	2.6	9:09	0.2	7:25	5:07	
9	Mon	4:19	5.3	3:45	4.3	10:08	2.2	9:53	0.9	7:25	5:08	
10	Tue	4:59	5.6	5:17	3.9	11:24	1.7	10:44	1.6	7:24	5:09	
11	Wed	5:42	5.9	7:03	3.7			12:35	0.9	7:24	5:10	
12	Thu	6:28	6.2	8:39	4.0			1:39	0.2	7:24	5:11	
13	Fri	7:19	6.5	9:52	4.4	12:48	2.8	2:37	-0.5	7:24	5:12	
14	Sat	8:11	6.8	10:49	4.7	1:54	3.1	3:30	-1.0	7:23	5:13	
15	Sun	9:05	7.0	11:38	4.9	2:56	3.2	4:20	-1.4	7:23	5:14	
16	Mon	9:57	7.0			3:54	3.1	5:07	-1.5	7:23	5:15	
17	Tue	12:22	5.1	10:49 AM	7.0	4:48	3.0	5:52	-1.5	7:22	5:16	
18	Wed	1:04	5.2	11:39 AM	6.7	5:41	2.8	6:35	-1.3	7:22	5:17	
19	Thu	1:44	5.2	12:27	6.3	6:34	2.6	7:16	-0.9	7:21	5:18	
20	Fri	2:22	5.3	1:16	5.8	7:29	2.4	7:56	-0.4	7:21	5:20	
21	Sat	3:00	5.3	2:06	5.1	8:26	2.2	8:34	0.2	7:20	5:21	
22	Sun	3:37	5.3	3:03	4.5	9:27	2.1	9:14	0.9	7:20	5:22	
23	Mon	4:14	5.4	4:13	3.9	10:34	1.8	9:56	1.6	7:19	5:23	
24	Tue	4:52	5.4	5:47	3.5	11:44	1.5	10:45	2.3	7:19	5:24	
25	Wed	5:32	5.5	7:42	3.5			12:50	1.1	7:18	5:25	
26	Thu	6:17	5.5	9:10	3.9			1:48	0.7	7:17	5:26	
27	Fri	7:04	5.6	10:07	4.2	12:57	3.3	2:38	0.4	7:17	5:27	
28	Sat	7:52	5.8	10:47	4.4	2:00	3.4	3:21	0.0	7:16	5:28	
29	Sun	8:38	5.9	11:21	4.6	2:53	3.4	4:00	-0.3	7:15	5:29	
30	Mon	9:22	6.1	11:51	4.6	3:36	3.3	4:36	-0.5	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	**10:04**	6.2			**4:14**	3.2	**5:09**	-0.7	7:13	5:32	