

Alcatraz Island, CA - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:47	5.9	11:32	4.8	3:56	2.6	4:37	-0.6	6:40	6:03	
2	Thu	10:31	6.0	11:58	5.0	4:32	2.2	5:09	-0.6	6:38	6:04	
3	Fri	11:15	5.9			5:10	1.8	5:40	-0.4	6:37	6:05	
4	Sat	12:24	5.2	12:02	5.7	5:51	1.3	6:13	-0.1	6:35	6:06	
5	Sun	12:52	5.5	12:51	5.4	6:35	0.9	6:46	0.4	6:34	6:07	
6	Mon	1:22	5.7	1:46	4.9	7:23	0.6	7:22	1.1	6:33	6:08	
7	Tue	1:55	5.9	2:51	4.4	8:16	0.3	8:02	1.8	6:31	6:09	
8	Wed	2:33	6.0	4:11	4.0	9:16	0.1	8:48	2.5	6:30	6:10	
9	Thu	3:19	6.0	5:52	3.9	10:27	0.0	9:52	3.0	6:28	6:11	
10	Fri	4:17	5.9	7:32	4.1	11:47	-0.1	11:22	3.3	6:27	6:12	
11	Sat	5:29	5.8	8:41	4.4			1:04	-0.3	6:25	6:13	
12	Sun	7:45	5.8	10:29	4.7	12:56	3.3	3:10	-0.5	7:24	7:14	
13	Mon	8:56	5.8	11:09	5.0	3:08	2.9	4:03	-0.6	7:22	7:15	
14	Tue	9:57	5.9	11:44	5.1	4:06	2.4	4:49	-0.6	7:21	7:16	
15	Wed	10:52	5.8			4:55	1.9	5:28	-0.5	7:19	7:17	
16	Thu	12:17	5.3	11:41 AM	5.7	5:40	1.5	6:03	-0.3	7:18	7:17	
17	Fri	12:46	5.4	12:28	5.4	6:22	1.1	6:36	0.1	7:16	7:18	
18	Sat	1:14	5.5	1:14	5.1	7:02	0.8	7:07	0.6	7:15	7:19	
19	Sun	1:39	5.5	2:00	4.8	7:42	0.6	7:38	1.2	7:13	7:20	
20	Mon	2:04	5.5	2:48	4.4	8:21	0.5	8:08	1.8	7:12	7:21	
21	Tue	2:28	5.4	3:42	4.1	9:01	0.4	8:40	2.3	7:10	7:22	
22	Wed	2:56	5.4	4:47	3.8	9:46	0.5	9:16	2.8	7:09	7:23	
23	Thu	3:29	5.2	6:15	3.7	10:39	0.5	10:03	3.3	7:07	7:24	
24	Fri	4:13	5.0	8:06	3.8	11:44	0.6	11:29	3.5	7:06	7:25	
25	Sat	5:12	4.9	9:16	4.0			12:56	0.6	7:04	7:26	
26	Sun	6:25	4.8	9:54	4.2	1:15	3.5	2:03	0.4	7:03	7:27	
27	Mon	7:37	4.9	10:23	4.4	2:24	3.2	2:57	0.1	7:01	7:28	
28	Tue	8:41	5.0	10:48	4.6	3:14	2.9	3:41	-0.1	6:59	7:29	
29	Wed	9:37	5.2	11:13	4.8	3:55	2.4	4:19	-0.2	6:58	7:30	
30	Thu	10:28	5.3	11:38	5.1	4:34	1.8	4:54	-0.2	6:56	7:30	
31	Fri	11:19	5.4			5:12	1.3	5:28	0.0	6:55	7:31	