

Alcatraz Island, CA - Aug 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:53	5.5	4:12	5.6	9:16	0.2	10:03	1.9	6:13	8:18	
2	Wed	3:50	4.8	4:50	5.6	9:56	0.9	11:08	1.7	6:14	8:17	
3	Thu	4:59	4.2	5:29	5.6	10:39	1.7			6:15	8:16	
4	Fri	6:28	3.8	6:11	5.7	12:16	1.4	11:30 AM	2.4	6:16	8:15	
5	Sat	8:16	3.8	6:57	5.7	1:24	1.1	12:32	3.0	6:17	8:14	
6	Sun	9:47	4.0	7:46	5.7	2:26	0.8	1:42	3.3	6:17	8:13	
7	Mon	10:48	4.3	8:37	5.8	3:19	0.5	2:47	3.5	6:18	8:12	
8	Tue	11:31	4.5	9:25	5.9	4:06	0.2	3:40	3.5	6:19	8:11	
9	Wed			12:06	4.6	4:47	0.0	4:25	3.4	6:20	8:09	
10	Thu			12:36	4.7	5:23	-0.2	5:04	3.2	6:21	8:08	
11	Fri			1:04	4.8	5:57	-0.3	5:40	3.0	6:22	8:07	
12	Sat			1:30	4.9	6:28	-0.4	6:15	2.8	6:23	8:06	
13	Sun	12:12	6.1	1:57	5.0	6:58	-0.4	6:53	2.5	6:24	8:05	
14	Mon	12:52	6.0	2:23	5.2	7:28	-0.2	7:33	2.3	6:24	8:03	
15	Tue	1:34	5.7	2:51	5.4	7:59	0.1	8:18	2.0	6:25	8:02	
16	Wed	2:21	5.3	3:21	5.6	8:32	0.5	9:09	1.7	6:26	8:01	
17	Thu	3:15	4.8	3:54	5.8	9:08	1.1	10:07	1.3	6:27	7:59	
18	Fri	4:23	4.3	4:32	6.0	9:48	1.8	11:13	1.0	6:28	7:58	
19	Sat	5:51	4.0	5:19	6.1	10:36	2.5			6:29	7:57	
20	Sun	7:38	3.9	6:15	6.2	12:27	0.6	11:40 AM	3.1	6:30	7:56	
21	Mon	9:13	4.2	7:20	6.4	1:42	0.2	1:01	3.4	6:30	7:54	
22	Tue	10:18	4.5	8:26	6.5	2:49	-0.2	2:20	3.4	6:31	7:53	
23	Wed	11:06	4.8	9:29	6.7	3:48	-0.6	3:26	3.2	6:32	7:51	
24	Thu	11:48	5.0	10:27	6.8	4:39	-0.8	4:24	2.8	6:33	7:50	
25	Fri			12:25	5.2	5:25	-0.9	5:16	2.4	6:34	7:49	
26	Sat			1:01	5.4	6:07	-0.8	6:06	2.0	6:35	7:47	
27	Sun	12:12	6.5	1:35	5.5	6:46	-0.5	6:55	1.7	6:36	7:46	
28	Mon	1:01	6.1	2:08	5.6	7:23	0.0	7:44	1.4	6:36	7:44	
29	Tue	1:51	5.6	2:39	5.7	7:59	0.5	8:32	1.3	6:37	7:43	
30	Wed	2:43	5.1	3:11	5.7	8:34	1.2	9:23	1.2	6:38	7:41	
31	Thu	3:40	4.6	3:43	5.6	9:11	1.9	10:18	1.1	6:39	7:40	