

Alcatraz Island, CA - Oct 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:11	4.1	4:00	5.2	10:10	3.6	11:29	0.8	7:05	6:52	
2	Mon	7:46	4.2	5:01	5.0	11:45	3.8			7:06	6:51	
3	Tue	8:51	4.4	6:13	4.9	12:41	0.8	1:15	3.7	7:07	6:49	
4	Wed	9:31	4.5	7:25	5.0	1:46	0.7	2:18	3.3	7:08	6:48	
5	Thu	10:01	4.7	8:28	5.1	2:39	0.5	3:06	2.9	7:09	6:46	
6	Fri	10:26	4.9	9:23	5.2	3:22	0.4	3:45	2.5	7:10	6:45	
7	Sat	10:50	5.1	10:14	5.4	3:59	0.3	4:21	2.0	7:11	6:43	
8	Sun	11:14	5.3	11:03	5.4	4:33	0.4	4:57	1.4	7:12	6:42	
9	Mon	11:39	5.6	11:52	5.4	5:05	0.6	5:34	0.9	7:12	6:40	
10	Tue			12:05	5.9	5:38	0.9	6:13	0.3	7:13	6:39	
11	Wed	12:44	5.3	12:34	6.2	6:12	1.4	6:54	-0.2	7:14	6:37	
12	Thu	1:38	5.1	1:06	6.4	6:48	1.9	7:40	-0.5	7:15	6:36	
13	Fri	2:37	4.9	1:42	6.4	7:28	2.4	8:30	-0.6	7:16	6:34	
14	Sat	3:43	4.7	2:25	6.4	8:12	2.9	9:27	-0.6	7:17	6:33	
15	Sun	4:57	4.5	3:16	6.2	9:07	3.3	10:32	-0.4	7:18	6:32	
16	Mon	6:19	4.5	4:21	5.9	10:23	3.6	11:46	-0.3	7:19	6:30	
17	Tue	7:34	4.7	5:38	5.6			12:02	3.5	7:20	6:29	
18	Wed	8:33	4.9	7:00	5.4	1:00	-0.2	1:30	3.1	7:21	6:27	
19	Thu	9:19	5.2	8:17	5.3	2:05	-0.1	2:39	2.5	7:22	6:26	
20	Fri	9:58	5.4	9:24	5.3	2:59	0.0	3:34	1.8	7:23	6:25	
21	Sat	10:32	5.7	10:25	5.2	3:44	0.3	4:23	1.2	7:24	6:23	
22	Sun	11:03	5.9	11:20	5.1	4:24	0.6	5:06	0.7	7:25	6:22	
23	Mon	11:32	6.0			5:00	1.1	5:46	0.3	7:26	6:21	
24	Tue	12:13	5.0	11:58 AM	6.0	5:35	1.5	6:24	0.0	7:27	6:20	
25	Wed	1:04	4.9	12:24	6.0	6:09	2.1	7:01	-0.2	7:28	6:18	
26	Thu	1:54	4.7	12:50	5.9	6:43	2.6	7:37	-0.2	7:29	6:17	
27	Fri	2:45	4.6	1:17	5.8	7:19	3.0	8:15	-0.2	7:30	6:16	
28	Sat	3:39	4.5	1:48	5.6	7:57	3.3	8:56	0.0	7:31	6:15	
29	Sun	4:39	4.4	2:26	5.4	8:41	3.6	9:44	0.2	7:32	6:14	
30	Mon	5:46	4.3	3:13	5.1	9:42	3.8	10:39	0.4	7:33	6:13	
31	Tue	6:55	4.3	4:11	4.9	11:12	3.8	11:41	0.5	7:34	6:11	