

Alcatraz Island, CA - Nov 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:49	4.4	5:22	4.6			12:42	3.6	7:35	6:10	
2	Thu	8:28	4.6	6:38	4.5	12:43	0.5	1:46	3.2	7:36	6:09	
3	Fri	8:57	4.8	7:50	4.5	1:37	0.6	2:36	2.6	7:37	6:08	
4	Sat	9:24	5.1	8:56	4.6	2:23	0.6	3:18	2.0	7:38	6:07	
5	Sun	8:50	5.4	8:56	4.7	2:04	0.8	2:56	1.3	6:39	5:06	
6	Mon	9:17	5.8	9:55	4.8	2:42	1.0	3:34	0.6	6:40	5:05	
7	Tue	9:45	6.1	10:52	4.9	3:19	1.4	4:13	-0.1	6:41	5:04	
8	Wed	10:16	6.5	11:49	5.0	3:58	1.8	4:55	-0.7	6:42	5:03	
9	Thu	10:50	6.7			4:38	2.3	5:39	-1.2	6:44	5:02	
10	Fri	12:46	5.0	11:29 AM	6.8	5:20	2.7	6:27	-1.4	6:45	5:02	
11	Sat	1:46	4.9	12:13	6.8	6:07	3.0	7:18	-1.4	6:46	5:01	
12	Sun	2:48	4.8	1:03	6.6	7:00	3.3	8:14	-1.2	6:47	5:00	
13	Mon	3:53	4.8	2:00	6.2	8:06	3.4	9:16	-0.8	6:48	4:59	
14	Tue	4:58	4.8	3:07	5.7	9:29	3.4	10:21	-0.5	6:49	4:58	
15	Wed	5:58	5.0	4:24	5.2	11:02	3.1	11:27	-0.1	6:50	4:58	
16	Thu	6:50	5.2	5:47	4.8			12:24	2.6	6:51	4:57	
17	Fri	7:35	5.5	7:08	4.6	12:26	0.3	1:31	1.9	6:52	4:56	
18	Sat	8:14	5.8	8:23	4.5	1:19	0.7	2:27	1.2	6:53	4:56	
19	Sun	8:48	6.0	9:29	4.5	2:05	1.1	3:14	0.6	6:54	4:55	
20	Mon	9:19	6.1	10:28	4.5	2:47	1.6	3:56	0.1	6:55	4:54	
21	Tue	9:48	6.2	11:23	4.6	3:26	2.1	4:33	-0.3	6:56	4:54	
22	Wed	10:16	6.2			4:04	2.5	5:09	-0.5	6:57	4:53	
23	Thu	12:13	4.6	10:43 AM	6.1	4:41	2.9	5:43	-0.6	6:58	4:53	
24	Fri	1:01	4.7	11:12 AM	6.0	5:19	3.2	6:17	-0.6	6:59	4:53	
25	Sat	1:46	4.6	11:44 AM	5.9	5:57	3.4	6:53	-0.5	7:00	4:52	
26	Sun	2:31	4.6	12:19	5.7	6:36	3.6	7:31	-0.4	7:01	4:52	
27	Mon	3:17	4.5	12:58	5.5	7:20	3.7	8:13	-0.2	7:02	4:51	
28	Tue	4:04	4.5	1:42	5.2	8:14	3.7	8:58	0.0	7:03	4:51	
29	Wed	4:51	4.5	2:33	4.9	9:24	3.6	9:47	0.2	7:04	4:51	
30	Thu	5:35	4.6	3:35	4.5	10:45	3.4	10:38	0.4	7:05	4:51	