

Alcatraz Island, CA - Jul 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			1:44	4.7	6:18	-0.7	5:52	3.4	5:52	8:35	
2	Tue			2:21	4.6	6:53	-0.7	6:32	3.4	5:52	8:35	
3	Wed	12:17	6.0	2:54	4.6	7:28	-0.7	7:11	3.3	5:53	8:35	
4	Thu	12:55	5.9	3:24	4.6	8:01	-0.6	7:52	3.2	5:53	8:35	
5	Fri	1:32	5.6	3:54	4.7	8:34	-0.4	8:36	3.1	5:54	8:35	
6	Sat	2:11	5.3	4:24	4.8	9:07	-0.2	9:26	3.0	5:54	8:34	
7	Sun	2:54	4.9	4:54	4.9	9:40	0.2	10:24	2.7	5:55	8:34	
8	Mon	3:44	4.5	5:26	5.1	10:16	0.6	11:28	2.4	5:56	8:34	
9	Tue	4:47	4.0	6:01	5.4	10:55	1.2			5:56	8:33	
10	Wed	6:13	3.6	6:38	5.7	12:34	1.9	11:40 AM	1.8	5:57	8:33	
11	Thu	7:56	3.5	7:19	6.0	1:37	1.2	12:32	2.4	5:57	8:33	
12	Fri	9:33	3.7	8:05	6.3	2:34	0.6	1:32	2.9	5:58	8:32	
13	Sat	10:47	4.1	8:55	6.6	3:26	-0.1	2:34	3.2	5:59	8:32	
14	Sun	11:43	4.4	9:47	6.9	4:17	-0.7	3:34	3.3	6:00	8:31	
15	Mon			12:32	4.7	5:07	-1.2	4:32	3.3	6:00	8:31	
16	Tue			1:16	4.9	5:56	-1.5	5:28	3.1	6:01	8:30	
17	Wed			1:57	5.1	6:43	-1.7	6:24	2.9	6:02	8:29	
18	Thu	12:29	7.1	2:38	5.2	7:29	-1.6	7:22	2.6	6:03	8:29	
19	Fri	1:23	6.7	3:18	5.4	8:14	-1.2	8:22	2.3	6:03	8:28	
20	Sat	2:19	6.2	3:58	5.6	8:58	-0.7	9:27	2.0	6:04	8:27	
21	Sun	3:18	5.5	4:39	5.8	9:41	0.0	10:37	1.7	6:05	8:27	
22	Mon	4:25	4.8	5:22	5.9	10:26	0.8	11:50	1.3	6:06	8:26	
23	Tue	5:45	4.1	6:07	6.0	11:15	1.6			6:06	8:25	
24	Wed	7:23	3.8	6:54	6.1	1:03	1.0	12:11	2.3	6:07	8:24	
25	Thu	9:04	3.9	7:43	6.1	2:10	0.6	1:16	2.9	6:08	8:24	
26	Fri	10:22	4.2	8:33	6.1	3:09	0.2	2:24	3.3	6:09	8:23	
27	Sat	11:19	4.5	9:21	6.1	4:00	0.0	3:24	3.4	6:10	8:22	
28	Sun			12:04	4.7	4:45	-0.2	4:16	3.4	6:11	8:21	
29	Mon			12:41	4.8	5:24	-0.3	5:00	3.3	6:11	8:20	
30	Tue			1:13	4.8	5:59	-0.4	5:39	3.2	6:12	8:19	
31	Wed			1:42	4.8	6:32	-0.4	6:16	3.0	6:13	8:18	