

Alcatraz Island, CA - Mar 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:30	5.9	5:53	3.9	10:40	0.3	10:03	3.0	6:39	6:03	
2	Sun	4:24	5.7	7:36	4.0	11:56	0.3	11:34	3.4	6:38	6:04	
3	Mon	5:29	5.4	8:47	4.3			1:09	0.2	6:36	6:05	
4	Tue	6:39	5.3	9:34	4.5	1:02	3.3	2:11	0.1	6:35	6:06	
5	Wed	7:44	5.4	10:11	4.7	2:09	3.1	3:01	0.0	6:33	6:07	
6	Thu	8:39	5.4	10:42	4.7	2:59	2.8	3:41	-0.1	6:32	6:08	
7	Fri	9:26	5.5	11:07	4.8	3:41	2.5	4:14	-0.1	6:30	6:09	
8	Sat	10:08	5.4	11:29	4.9	4:18	2.1	4:43	0.0	6:29	6:10	
9	Sun	11:47	5.3			5:52	1.8	6:10	0.2	7:27	7:11	
10	Mon	12:50	5.0	12:26	5.2	6:25	1.5	6:35	0.4	7:26	7:12	
11	Tue	1:10	5.1	1:05	5.0	6:57	1.2	7:00	0.8	7:24	7:13	
12	Wed	1:31	5.3	1:46	4.7	7:30	0.9	7:26	1.2	7:23	7:14	
13	Thu	1:53	5.4	2:31	4.4	8:05	0.7	7:53	1.7	7:21	7:15	
14	Fri	2:19	5.5	3:24	4.1	8:45	0.5	8:23	2.2	7:20	7:16	
15	Sat	2:48	5.6	4:31	3.8	9:32	0.4	8:57	2.7	7:18	7:17	
16	Sun	3:25	5.6	6:00	3.7	10:29	0.3	9:42	3.1	7:17	7:18	
17	Mon	4:13	5.5	7:47	3.7	11:38	0.2	10:57	3.4	7:15	7:19	
18	Tue	5:17	5.5	9:03	4.0			12:56	0.0	7:14	7:20	
19	Wed	6:35	5.5	9:48	4.3	12:41	3.5	2:08	-0.3	7:12	7:21	
20	Thu	7:53	5.6	10:24	4.6	2:07	3.1	3:06	-0.6	7:11	7:22	
21	Fri	9:03	5.8	10:57	4.9	3:11	2.6	3:56	-0.7	7:09	7:23	
22	Sat	10:06	5.9	11:29	5.3	4:05	1.9	4:40	-0.7	7:08	7:24	
23	Sun	11:04	5.9			4:56	1.2	5:21	-0.5	7:06	7:24	
24	Mon	12:01	5.6	12:01	5.8	5:45	0.5	6:00	0.0	7:05	7:25	
25	Tue	12:34	6.0	12:58	5.5	6:34	-0.1	6:39	0.5	7:03	7:26	
26	Wed	1:07	6.2	1:55	5.1	7:22	-0.5	7:18	1.2	7:02	7:27	
27	Thu	1:41	6.3	2:55	4.8	8:11	-0.6	7:59	1.8	7:00	7:28	
28	Fri	2:18	6.2	4:00	4.4	9:02	-0.6	8:44	2.5	6:59	7:29	
29	Sat	2:57	6.0	5:16	4.2	9:58	-0.4	9:38	3.0	6:57	7:30	
30	Sun	3:43	5.6	6:44	4.1	11:00	-0.1	10:54	3.3	6:56	7:31	
31	Mon	4:39	5.2	8:08	4.2			12:11	0.1	6:54	7:32	