

Alcatraz Island, CA - Oct 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:30	5.8	11:36	5.9	4:51	0.0	5:17	0.6	7:06	6:51	
2	Thu			12:02	6.2	5:31	0.4	6:06	0.0	7:07	6:50	
3	Fri	12:34	5.7	12:36	6.5	6:10	1.0	6:55	-0.4	7:07	6:48	
4	Sat	1:33	5.4	1:12	6.6	6:51	1.6	7:44	-0.6	7:08	6:47	
5	Sun	2:34	5.1	1:50	6.6	7:34	2.2	8:37	-0.6	7:09	6:45	
6	Mon	3:40	4.8	2:33	6.4	8:21	2.8	9:33	-0.4	7:10	6:44	
7	Tue	4:53	4.6	3:22	6.0	9:18	3.2	10:35	-0.1	7:11	6:42	
8	Wed	6:15	4.5	4:20	5.6	10:35	3.5	11:46	0.1	7:12	6:41	
9	Thu	7:34	4.6	5:30	5.3			12:09	3.5	7:13	6:39	
10	Fri	8:35	4.8	6:46	5.0	12:57	0.3	1:31	3.3	7:14	6:38	
11	Sat	9:21	4.9	7:57	5.0	2:00	0.4	2:34	2.8	7:15	6:36	
12	Sun	9:56	5.0	9:00	4.9	2:51	0.5	3:23	2.4	7:16	6:35	
13	Mon	10:25	5.1	9:53	4.9	3:33	0.6	4:05	1.9	7:17	6:34	
14	Tue	10:49	5.3	10:42	4.9	4:08	0.8	4:42	1.4	7:18	6:32	
15	Wed	11:10	5.4	11:27	4.8	4:38	1.1	5:16	1.0	7:19	6:31	
16	Thu	11:30	5.6			5:07	1.4	5:48	0.7	7:20	6:29	
17	Fri	12:12	4.8	11:52 AM	5.7	5:35	1.8	6:19	0.4	7:20	6:28	
18	Sat	12:57	4.7	12:15	5.8	6:03	2.2	6:51	0.1	7:21	6:27	
19	Sun	1:43	4.6	12:41	5.9	6:32	2.5	7:25	0.0	7:22	6:25	
20	Mon	2:31	4.5	1:10	5.9	7:04	2.9	8:03	-0.1	7:23	6:24	
21	Tue	3:26	4.4	1:44	5.9	7:39	3.2	8:48	-0.2	7:24	6:23	
22	Wed	4:28	4.3	2:26	5.7	8:20	3.5	9:40	-0.1	7:25	6:22	
23	Thu	5:39	4.2	3:19	5.6	9:18	3.7	10:42	-0.1	7:26	6:20	
24	Fri	6:49	4.3	4:25	5.3	10:42	3.7	11:50	0.0	7:27	6:19	
25	Sat	7:45	4.5	5:44	5.2			12:20	3.4	7:28	6:18	
26	Sun	8:28	4.8	7:06	5.1	12:56	0.0	1:38	2.9	7:29	6:17	
27	Mon	9:04	5.2	8:24	5.1	1:54	0.1	2:39	2.1	7:30	6:15	
28	Tue	9:38	5.6	9:34	5.1	2:44	0.3	3:32	1.2	7:31	6:14	
29	Wed	10:11	6.0	10:40	5.2	3:30	0.6	4:21	0.4	7:32	6:13	
30	Thu	10:44	6.4	11:42	5.2	4:13	1.0	5:08	-0.4	7:34	6:12	
31	Fri	11:19	6.7			4:55	1.5	5:54	-0.9	7:35	6:11	