

Alcatraz Island, CA - Jan 2082

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:57	5.0	12:20	6.0	6:36	3.0	7:16	-0.7	7:25	5:01	
2	Fri	2:32	4.9	1:02	5.5	7:24	2.9	7:52	-0.3	7:25	5:02	
3	Sat	3:06	4.9	1:45	5.0	8:16	2.8	8:27	0.2	7:25	5:03	
4	Sun	3:38	5.0	2:33	4.5	9:14	2.6	9:02	0.7	7:25	5:04	
5	Mon	4:10	5.1	3:33	3.9	10:19	2.4	9:39	1.3	7:25	5:05	
6	Tue	4:44	5.2	4:53	3.5	11:27	2.0	10:21	1.9	7:25	5:06	
7	Wed	5:20	5.4	6:39	3.3			12:32	1.6	7:25	5:07	
8	Thu	6:00	5.5	8:25	3.5			1:29	1.0	7:25	5:07	
9	Fri	6:44	5.7	9:37	3.9	12:13	3.0	2:18	0.5	7:24	5:08	
10	Sat	7:30	5.9	10:27	4.2	1:17	3.3	3:01	0.0	7:24	5:09	
11	Sun	8:16	6.2	11:07	4.5	2:14	3.4	3:42	-0.4	7:24	5:10	
12	Mon	9:03	6.4	11:44	4.7	3:04	3.4	4:21	-0.8	7:24	5:11	
13	Tue	9:49	6.6			3:50	3.3	5:00	-1.1	7:24	5:12	
14	Wed	12:18	4.8	10:35 AM	6.7	4:35	3.1	5:39	-1.3	7:23	5:13	
15	Thu	12:52	4.9	11:22 AM	6.7	5:21	2.9	6:17	-1.3	7:23	5:14	
16	Fri	1:26	5.1	12:10	6.5	6:10	2.6	6:56	-1.1	7:23	5:16	
17	Sat	2:01	5.3	1:01	6.1	7:03	2.2	7:35	-0.7	7:22	5:17	
18	Sun	2:37	5.5	1:56	5.5	8:01	1.9	8:15	-0.1	7:22	5:18	
19	Mon	3:14	5.7	3:01	4.7	9:07	1.6	8:57	0.7	7:21	5:19	
20	Tue	3:55	6.0	4:22	4.1	10:19	1.2	9:44	1.5	7:21	5:20	
21	Wed	4:41	6.1	6:03	3.7	11:36	0.8	10:41	2.3	7:20	5:21	
22	Thu	5:32	6.3	7:51	3.8			12:51	0.3	7:20	5:22	
23	Fri	6:29	6.3	9:14	4.2			1:57	-0.2	7:19	5:23	
24	Sat	7:27	6.4	10:12	4.6	1:09	3.2	2:54	-0.5	7:18	5:24	
25	Sun	8:24	6.4	10:58	4.8	2:20	3.3	3:44	-0.7	7:18	5:25	
26	Mon	9:16	6.4	11:38	4.9	3:19	3.2	4:28	-0.8	7:17	5:26	
27	Tue	10:04	6.4			4:10	3.0	5:06	-0.8	7:16	5:28	
28	Wed	12:14	5.0	10:47 AM	6.2	4:55	2.8	5:42	-0.7	7:16	5:29	
29	Thu	12:46	5.0	11:28 AM	6.0	5:37	2.6	6:14	-0.5	7:15	5:30	
30	Fri	1:15	5.0	12:07	5.7	6:18	2.4	6:44	-0.2	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	1:41	5.1	12:46	5.3	6:58	2.2	7:13	0.2	7:13	5:32	