

Alcatraz Island, CA - Mar 2082

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:44	5.2	12:38	4.9	6:32	1.3	6:33	0.9	6:39	6:03	
2	Mon	1:05	5.3	1:19	4.6	7:07	1.1	6:59	1.3	6:38	6:04	
3	Tue	1:28	5.4	2:05	4.2	7:45	1.0	7:26	1.9	6:37	6:05	
4	Wed	1:54	5.4	3:01	3.9	8:27	0.9	7:55	2.4	6:35	6:06	
5	Thu	2:25	5.4	4:16	3.6	9:17	0.9	8:29	2.8	6:34	6:07	
6	Fri	3:05	5.3	6:04	3.5	10:20	0.8	9:18	3.3	6:32	6:08	
7	Sat	3:57	5.3	7:53	3.7	11:33	0.6	10:50	3.5	6:31	6:09	
8	Sun	6:03	5.3	9:47	4.0			1:46	0.3	7:29	7:10	
9	Mon	7:15	5.4	10:21	4.3	1:29	3.5	2:47	-0.1	7:28	7:11	
10	Tue	8:24	5.6	10:51	4.5	2:39	3.1	3:37	-0.4	7:26	7:12	
11	Wed	9:25	5.9	11:21	4.8	3:33	2.7	4:20	-0.7	7:25	7:13	
12	Thu	10:22	6.0	11:50	5.2	4:21	2.0	5:00	-0.7	7:23	7:14	
13	Fri	11:17	6.1			5:09	1.4	5:39	-0.5	7:22	7:15	
14	Sat	12:20	5.5	12:12	5.9	5:56	0.7	6:17	-0.2	7:20	7:16	
15	Sun	12:52	5.9	1:08	5.7	6:45	0.1	6:55	0.4	7:19	7:17	
16	Mon	1:25	6.2	2:06	5.3	7:35	-0.3	7:34	1.0	7:17	7:18	
17	Tue	2:01	6.3	3:08	4.8	8:27	-0.5	8:16	1.7	7:16	7:19	
18	Wed	2:41	6.4	4:18	4.4	9:24	-0.6	9:03	2.4	7:14	7:20	
19	Thu	3:26	6.2	5:41	4.1	10:27	-0.4	10:01	2.9	7:13	7:21	
20	Fri	4:19	5.9	7:15	4.1	11:39	-0.2	11:25	3.2	7:11	7:21	
21	Sat	5:25	5.6	8:36	4.3			12:56	-0.1	7:10	7:22	
22	Sun	6:40	5.3	9:33	4.5	1:03	3.2	2:08	-0.1	7:08	7:23	
23	Mon	7:56	5.2	10:17	4.7	2:23	2.9	3:07	-0.1	7:07	7:24	
24	Tue	9:02	5.1	10:52	4.9	3:23	2.5	3:54	0.0	7:05	7:25	
25	Wed	9:58	5.1	11:21	5.0	4:12	2.0	4:32	0.1	7:04	7:26	
26	Thu	10:47	5.1	11:46	5.1	4:53	1.6	5:05	0.3	7:02	7:27	
27	Fri	11:32	5.0			5:30	1.2	5:34	0.6	7:01	7:28	
28	Sat	12:08	5.2	12:14	4.8	6:04	0.9	6:02	0.9	6:59	7:29	
29	Sun	12:28	5.3	12:56	4.7	6:36	0.6	6:28	1.3	6:58	7:30	
30	Mon	12:48	5.4	1:38	4.5	7:07	0.4	6:55	1.7	6:56	7:31	
31	Tue	1:10	5.5	2:23	4.3	7:40	0.2	7:23	2.1	6:55	7:32	