

Alcatraz Island, CA - Aug 2082

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:18	3.9	5:56	6.4	11:06	2.3			6:13	8:18	
2	Sun	8:04	3.9	6:52	6.5	1:08	0.4	12:11	2.9	6:14	8:17	
3	Mon	9:35	4.2	7:53	6.5	2:18	0.0	1:29	3.2	6:15	8:16	
4	Tue	10:40	4.5	8:53	6.6	3:21	-0.3	2:43	3.3	6:16	8:15	
5	Wed	11:30	4.8	9:50	6.6	4:15	-0.6	3:47	3.2	6:17	8:14	
6	Thu			12:11	5.0	5:02	-0.7	4:42	3.0	6:18	8:12	
7	Fri			12:49	5.1	5:44	-0.7	5:31	2.8	6:19	8:11	
8	Sat			1:23	5.1	6:22	-0.6	6:16	2.5	6:19	8:10	
9	Sun	12:14	6.2	1:53	5.2	6:57	-0.4	7:00	2.3	6:20	8:09	
10	Mon	12:56	5.9	2:21	5.2	7:29	-0.1	7:42	2.1	6:21	8:08	
11	Tue	1:38	5.5	2:48	5.3	7:59	0.4	8:25	2.0	6:22	8:07	
12	Wed	2:21	5.0	3:13	5.4	8:29	0.9	9:11	1.8	6:23	8:05	
13	Thu	3:08	4.6	3:40	5.4	9:00	1.5	10:00	1.7	6:24	8:04	
14	Fri	4:04	4.1	4:11	5.5	9:32	2.1	10:57	1.6	6:25	8:03	
15	Sat	5:18	3.8	4:48	5.5	10:09	2.7			6:25	8:02	
16	Sun	7:03	3.6	5:35	5.5	12:03	1.4	10:58 AM	3.2	6:26	8:00	
17	Mon	8:58	3.8	6:32	5.6	1:13	1.2	12:15	3.5	6:27	7:59	
18	Tue	10:05	4.1	7:33	5.7	2:17	0.8	1:38	3.6	6:28	7:58	
19	Wed	10:45	4.3	8:31	5.9	3:11	0.4	2:43	3.5	6:29	7:56	
20	Thu	11:18	4.5	9:25	6.2	3:57	0.0	3:34	3.3	6:30	7:55	
21	Fri	11:47	4.7	10:16	6.4	4:37	-0.3	4:19	3.0	6:31	7:54	
22	Sat			12:16	4.9	5:15	-0.6	5:02	2.5	6:31	7:52	
23	Sun			12:45	5.2	5:51	-0.6	5:47	2.1	6:32	7:51	
24	Mon			1:15	5.5	6:27	-0.5	6:34	1.6	6:33	7:50	
25	Tue	12:45	6.2	1:46	5.8	7:03	-0.1	7:23	1.1	6:34	7:48	
26	Wed	1:38	5.9	2:19	6.1	7:39	0.4	8:16	0.8	6:35	7:47	
27	Thu	2:36	5.4	2:55	6.3	8:18	1.1	9:13	0.5	6:36	7:45	
28	Fri	3:42	4.8	3:36	6.4	8:59	1.8	10:16	0.3	6:37	7:44	
29	Sat	5:00	4.4	4:24	6.4	9:47	2.5	11:28	0.3	6:37	7:42	
30	Sun	6:35	4.2	5:22	6.3	10:50	3.1			6:38	7:41	
31	Mon	8:13	4.3	6:29	6.2	12:46	0.2	12:16	3.4	6:39	7:39	