

Alcatraz Island, CA - Jan 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:03	6.2	11:43	4.5	3:09	3.3	4:24	-0.4	7:25	5:01	
2	Sat	9:43	6.3			3:51	3.3	4:58	-0.6	7:25	5:02	
3	Sun	12:17	4.6	10:22 AM	6.3	4:30	3.3	5:31	-0.8	7:25	5:03	
4	Mon	12:49	4.7	11:02 AM	6.3	5:08	3.2	6:04	-0.9	7:25	5:04	
5	Tue	1:21	4.8	11:42 AM	6.2	5:48	3.0	6:38	-0.9	7:25	5:05	
6	Wed	1:52	4.9	12:24	6.0	6:32	2.8	7:12	-0.7	7:25	5:05	
7	Thu	2:25	5.0	1:09	5.6	7:20	2.6	7:48	-0.4	7:25	5:06	
8	Fri	2:58	5.2	2:00	5.1	8:15	2.3	8:26	0.1	7:25	5:07	
9	Sat	3:33	5.4	3:03	4.5	9:19	2.0	9:07	0.8	7:24	5:08	
10	Sun	4:12	5.7	4:24	4.0	10:30	1.5	9:54	1.5	7:24	5:09	
11	Mon	4:55	6.0	6:06	3.7	11:45	1.0	10:50	2.2	7:24	5:10	
12	Tue	5:44	6.2	7:52	3.8			12:57	0.4	7:24	5:11	
13	Wed	6:39	6.5	9:15	4.1			2:00	-0.3	7:24	5:12	
14	Thu	7:35	6.7	10:16	4.5	1:10	3.1	2:57	-0.8	7:23	5:13	
15	Fri	8:32	6.8	11:04	4.8	2:19	3.2	3:48	-1.1	7:23	5:14	
16	Sat	9:26	6.9	11:47	5.0	3:20	3.1	4:35	-1.3	7:23	5:15	
17	Sun	10:18	6.9			4:16	2.9	5:19	-1.3	7:22	5:16	
18	Mon	12:27	5.2	11:07 AM	6.7	5:08	2.7	6:00	-1.2	7:22	5:17	
19	Tue	1:04	5.2	11:54 AM	6.3	5:58	2.5	6:38	-0.9	7:21	5:18	
20	Wed	1:40	5.3	12:40	5.9	6:48	2.3	7:14	-0.5	7:21	5:20	
21	Thu	2:13	5.4	1:27	5.3	7:39	2.1	7:50	0.1	7:20	5:21	
22	Fri	2:46	5.4	2:16	4.7	8:32	2.0	8:25	0.7	7:20	5:22	
23	Sat	3:18	5.4	3:14	4.1	9:30	1.8	9:01	1.4	7:19	5:23	
24	Sun	3:52	5.4	4:29	3.6	10:34	1.6	9:41	2.1	7:19	5:24	
25	Mon	4:29	5.4	6:14	3.4	11:43	1.4	10:32	2.7	7:18	5:25	
26	Tue	5:13	5.5	8:09	3.6			12:50	1.0	7:17	5:26	
27	Wed	6:03	5.5	9:22	3.9			1:49	0.7	7:16	5:27	
28	Thu	6:57	5.6	10:08	4.2	12:58	3.4	2:39	0.3	7:16	5:28	
29	Fri	7:49	5.8	10:43	4.4	2:01	3.4	3:21	0.0	7:15	5:29	
30	Sat	8:38	6.0	11:14	4.6	2:51	3.3	3:59	-0.3	7:14	5:31	

Date		High				Low						
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31	Sun	9:24	6.2	11:42	4.7	3:34	3.1	4:33	-0.6	7:13	5:32	