

Alcatraz Island, CA - Mar 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:04	5.8	10:53	4.8	3:14	2.6	3:57	-0.4	6:40	6:03	
2	Tue	9:52	5.9	11:19	5.0	3:54	2.2	4:30	-0.5	6:38	6:04	
3	Wed	10:39	5.9	11:47	5.3	4:35	1.7	5:03	-0.4	6:37	6:05	
4	Thu	11:28	5.8			5:16	1.1	5:36	-0.1	6:35	6:06	
5	Fri	12:15	5.6	12:19	5.5	6:01	0.6	6:11	0.4	6:34	6:07	
6	Sat	12:46	5.9	1:13	5.1	6:48	0.2	6:47	1.0	6:33	6:08	
7	Sun	1:19	6.1	2:14	4.7	7:39	0.0	7:26	1.6	6:31	6:09	
8	Mon	1:57	6.2	3:25	4.3	8:36	-0.2	8:11	2.3	6:30	6:10	
9	Tue	2:42	6.2	4:51	4.0	9:41	-0.2	9:07	2.8	6:28	6:11	
10	Wed	3:37	6.0	6:30	4.0	10:56	-0.1	10:28	3.2	6:27	6:12	
11	Thu	4:45	5.8	7:52	4.2			12:16	-0.2	6:25	6:13	
12	Fri	6:02	5.7	8:48	4.5	12:07	3.2	1:27	-0.3	6:24	6:14	
13	Sat	7:17	5.6	9:32	4.8	1:29	2.9	2:25	-0.4	6:22	6:15	
14	Sun	9:22	5.7	11:09	5.0	3:33	2.4	4:13	-0.4	7:21	7:16	
15	Mon	10:20	5.6	11:41	5.2	4:25	1.9	4:53	-0.3	7:19	7:17	
16	Tue	11:11	5.5			5:10	1.5	5:28	0.0	7:18	7:17	
17	Wed	12:10	5.4	11:58 AM	5.3	5:52	1.1	6:01	0.3	7:16	7:18	
18	Thu	12:37	5.4	12:43	5.1	6:30	0.8	6:32	0.7	7:15	7:19	
19	Fri	1:01	5.5	1:28	4.8	7:07	0.6	7:02	1.2	7:13	7:20	
20	Sat	1:25	5.5	2:12	4.6	7:42	0.4	7:32	1.7	7:12	7:21	
21	Sun	1:49	5.5	3:00	4.3	8:19	0.3	8:03	2.2	7:10	7:22	
22	Mon	2:15	5.5	3:53	4.0	8:58	0.3	8:35	2.6	7:09	7:23	
23	Tue	2:46	5.4	4:58	3.8	9:43	0.4	9:13	3.0	7:07	7:24	
24	Wed	3:24	5.2	6:24	3.7	10:37	0.5	10:05	3.3	7:06	7:25	
25	Thu	4:14	5.1	7:57	3.7	11:43	0.6	11:33	3.4	7:04	7:26	
26	Fri	5:16	4.9	8:58	3.9			12:55	0.5	7:02	7:27	
27	Sat	6:28	4.8	9:35	4.2	1:09	3.3	1:58	0.3	7:01	7:28	
28	Sun	7:40	4.9	10:04	4.4	2:16	3.0	2:49	0.1	6:59	7:29	
29	Mon	8:44	5.1	10:30	4.7	3:07	2.5	3:32	0.0	6:58	7:30	
30	Tue	9:43	5.2	10:57	5.0	3:51	1.9	4:10	0.0	6:56	7:30	
31	Wed	10:38	5.3	11:25	5.4	4:33	1.3	4:47	0.1	6:55	7:31	