

Alcatraz Island, CA - Aug 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:15	5.6	3:24	5.6	8:33	0.1	9:12	1.8	6:13	8:18	
2	Mon	3:07	5.0	3:58	5.6	9:10	0.8	10:09	1.6	6:14	8:17	
3	Tue	4:06	4.4	4:33	5.6	9:48	1.5	11:12	1.5	6:15	8:16	
4	Wed	5:19	3.9	5:11	5.6	10:31	2.2			6:16	8:15	
5	Thu	6:55	3.7	5:55	5.6	12:19	1.3	11:24 AM	2.8	6:17	8:14	
6	Fri	8:43	3.8	6:46	5.6	1:27	1.1	12:32	3.2	6:18	8:13	
7	Sat	9:59	4.1	7:41	5.7	2:29	0.8	1:46	3.4	6:18	8:12	
8	Sun	10:49	4.3	8:35	5.8	3:22	0.5	2:49	3.4	6:19	8:10	
9	Mon	11:26	4.5	9:25	6.0	4:07	0.2	3:39	3.3	6:20	8:09	
10	Tue	11:57	4.6	10:11	6.1	4:46	0.0	4:22	3.1	6:21	8:08	
11	Wed			12:25	4.7	5:20	-0.2	5:01	2.9	6:22	8:07	
12	Thu			12:51	4.9	5:52	-0.3	5:39	2.6	6:23	8:06	
13	Fri			1:18	5.0	6:22	-0.3	6:18	2.3	6:24	8:05	
14	Sat	12:18	6.1	1:44	5.3	6:52	-0.2	6:58	2.0	6:24	8:03	
15	Sun	1:02	5.9	2:12	5.5	7:23	0.0	7:42	1.7	6:25	8:02	
16	Mon	1:49	5.5	2:42	5.7	7:55	0.5	8:31	1.3	6:26	8:01	
17	Tue	2:42	5.1	3:14	6.0	8:30	1.0	9:25	1.0	6:27	7:59	
18	Wed	3:44	4.6	3:52	6.1	9:08	1.7	10:27	0.8	6:28	7:58	
19	Thu	5:01	4.2	4:38	6.2	9:53	2.4	11:38	0.6	6:29	7:57	
20	Fri	6:38	3.9	5:33	6.3	10:50	2.9			6:30	7:55	
21	Sat	8:20	4.1	6:39	6.3	12:54	0.3	12:09	3.3	6:30	7:54	
22	Sun	9:35	4.4	7:48	6.4	2:08	0.0	1:36	3.4	6:31	7:53	
23	Mon	10:29	4.7	8:54	6.5	3:11	-0.3	2:50	3.1	6:32	7:51	
24	Tue	11:11	4.9	9:54	6.6	4:04	-0.6	3:52	2.8	6:33	7:50	
25	Wed	11:49	5.2	10:49	6.5	4:51	-0.6	4:45	2.4	6:34	7:49	
26	Thu			12:24	5.4	5:32	-0.6	5:35	2.0	6:35	7:47	
27	Fri			12:57	5.5	6:10	-0.3	6:21	1.6	6:36	7:46	
28	Sat	12:29	6.0	1:28	5.6	6:46	0.1	7:07	1.4	6:36	7:44	
29	Sun	1:17	5.6	1:57	5.7	7:20	0.6	7:51	1.2	6:37	7:43	
30	Mon	2:06	5.2	2:26	5.7	7:54	1.1	8:36	1.1	6:38	7:41	
31	Tue	2:57	4.8	2:55	5.7	8:28	1.8	9:24	1.0	6:39	7:40	