

Alcatraz Island, CA - Oct 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:57	4.2	3:10	5.4	9:12	3.4	10:23	0.7	7:05	6:52	
2	Sat	6:16	4.1	4:00	5.2	10:14	3.6	11:28	0.8	7:06	6:51	
3	Sun	7:37	4.2	5:04	5.0	11:45	3.6			7:07	6:49	
4	Mon	8:33	4.3	6:15	4.9	12:38	0.8	1:09	3.5	7:08	6:48	
5	Tue	9:11	4.5	7:26	5.0	1:40	0.7	2:10	3.1	7:09	6:46	
6	Wed	9:40	4.7	8:29	5.1	2:30	0.6	2:57	2.6	7:10	6:45	
7	Thu	10:07	5.0	9:27	5.2	3:11	0.5	3:39	2.1	7:11	6:43	
8	Fri	10:32	5.3	10:21	5.3	3:48	0.5	4:18	1.4	7:12	6:42	
9	Sat	10:59	5.6	11:14	5.3	4:23	0.7	4:57	0.8	7:12	6:40	
10	Sun	11:27	6.0			4:58	1.0	5:37	0.2	7:13	6:39	
11	Mon	12:08	5.3	11:58 AM	6.3	5:35	1.4	6:20	-0.3	7:14	6:37	
12	Tue	1:03	5.2	12:31	6.5	6:13	1.8	7:06	-0.7	7:15	6:36	
13	Wed	2:00	5.1	1:09	6.6	6:53	2.3	7:55	-0.9	7:16	6:34	
14	Thu	3:02	4.9	1:53	6.6	7:38	2.7	8:49	-0.9	7:17	6:33	
15	Fri	4:08	4.7	2:43	6.4	8:30	3.1	9:49	-0.7	7:18	6:32	
16	Sat	5:21	4.6	3:43	6.1	9:37	3.3	10:57	-0.4	7:19	6:30	
17	Sun	6:35	4.6	4:54	5.7	11:05	3.4			7:20	6:29	
18	Mon	7:40	4.8	6:13	5.4	12:09	-0.2	12:40	3.1	7:21	6:27	
19	Tue	8:33	5.1	7:33	5.2	1:16	0.0	1:58	2.5	7:22	6:26	
20	Wed	9:16	5.3	8:46	5.1	2:15	0.2	3:00	1.9	7:23	6:25	
21	Thu	9:53	5.6	9:51	5.0	3:04	0.5	3:51	1.3	7:24	6:23	
22	Fri	10:26	5.8	10:49	4.9	3:46	0.8	4:36	0.8	7:25	6:22	
23	Sat	10:55	5.9	11:43	4.9	4:25	1.2	5:17	0.3	7:26	6:21	
24	Sun	11:22	6.0			5:01	1.7	5:54	0.0	7:27	6:20	
25	Mon	12:33	4.8	11:48 AM	6.0	5:36	2.1	6:28	-0.1	7:28	6:18	
26	Tue	1:22	4.8	12:14	6.0	6:10	2.5	7:02	-0.2	7:29	6:17	
27	Wed	2:09	4.7	12:42	5.9	6:45	2.9	7:37	-0.2	7:30	6:16	
28	Thu	2:57	4.6	1:13	5.8	7:22	3.2	8:15	-0.1	7:31	6:15	
29	Fri	3:46	4.4	1:48	5.6	8:01	3.4	8:56	0.0	7:32	6:14	
30	Sat	4:40	4.3	2:30	5.4	8:47	3.5	9:43	0.2	7:33	6:12	
31	Sun	5:39	4.3	3:19	5.1	9:48	3.6	10:36	0.4	7:34	6:11	