

Alcatraz Island, CA - Jan 2084

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:21	5.7	6:24	3.6			12:11	1.2	7:25	5:01	
2	Sun	6:06	6.0	8:04	3.8			1:14	0.5	7:25	5:02	
3	Mon	6:56	6.4	9:22	4.1	12:17	2.7	2:11	-0.2	7:25	5:03	
4	Tue	7:49	6.7	10:21	4.5	1:23	3.0	3:04	-0.8	7:25	5:03	
5	Wed	8:43	7.0	11:11	4.8	2:27	3.1	3:55	-1.3	7:25	5:04	
6	Thu	9:37	7.1	11:56	5.0	3:26	3.0	4:43	-1.6	7:25	5:05	
7	Fri	10:30	7.2			4:22	2.8	5:29	-1.7	7:25	5:06	
8	Sat	12:39	5.2	11:22 AM	7.0	5:18	2.6	6:14	-1.6	7:25	5:07	
9	Sun	1:20	5.4	12:14	6.6	6:13	2.4	6:58	-1.2	7:25	5:08	
10	Mon	2:00	5.5	1:07	6.1	7:11	2.2	7:40	-0.7	7:24	5:09	
11	Tue	2:40	5.6	2:02	5.4	8:12	2.0	8:22	-0.1	7:24	5:10	
12	Wed	3:21	5.7	3:03	4.7	9:17	1.8	9:05	0.7	7:24	5:11	
13	Thu	4:02	5.8	4:16	4.1	10:27	1.5	9:51	1.5	7:24	5:12	
14	Fri	4:45	5.8	5:48	3.7	11:40	1.2	10:45	2.2	7:23	5:13	
15	Sat	5:31	5.8	7:32	3.7			12:49	0.9	7:23	5:14	
16	Sun	6:19	5.8	8:57	3.9			1:50	0.6	7:23	5:15	
17	Mon	7:09	5.8	9:56	4.2	12:57	3.1	2:42	0.2	7:22	5:16	
18	Tue	7:57	5.9	10:40	4.5	1:59	3.2	3:25	0.0	7:22	5:17	
19	Wed	8:42	6.0	11:17	4.6	2:52	3.2	4:04	-0.2	7:21	5:18	
20	Thu	9:24	6.1	11:48	4.7	3:37	3.2	4:38	-0.4	7:21	5:19	
21	Fri	10:04	6.1			4:16	3.0	5:09	-0.5	7:20	5:20	
22	Sat	12:16	4.7	10:42 AM	6.1	4:53	2.9	5:38	-0.5	7:20	5:21	
23	Sun	12:43	4.8	11:20 AM	6.0	5:29	2.7	6:06	-0.5	7:19	5:23	
24	Mon	1:09	4.9	11:58 AM	5.8	6:06	2.5	6:35	-0.3	7:19	5:24	
25	Tue	1:35	5.1	12:37	5.5	6:45	2.3	7:04	0.0	7:18	5:25	
26	Wed	2:02	5.2	1:21	5.1	7:28	2.0	7:35	0.4	7:17	5:26	
27	Thu	2:32	5.4	2:11	4.6	8:17	1.8	8:09	0.9	7:17	5:27	
28	Fri	3:04	5.6	3:15	4.1	9:14	1.5	8:47	1.5	7:16	5:28	
29	Sat	3:42	5.8	4:41	3.7	10:21	1.1	9:33	2.2	7:15	5:29	
30	Sun	4:28	5.9	6:31	3.6	11:35	0.7	10:34	2.8	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	5:24	6.1	8:12	3.8			12:48	0.2	7:14	5:31	