

Alcatraz Island, CA - Mar 2084

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:11	5.9	8:58	4.4	12:00	3.2	1:34	-0.4	6:39	6:04	
2	Thu	7:24	6.0	9:41	4.7	1:24	3.0	2:32	-0.6	6:37	6:05	
3	Fri	8:29	6.1	10:19	5.1	2:30	2.5	3:21	-0.7	6:36	6:06	
4	Sat	9:28	6.1	10:54	5.3	3:25	2.0	4:04	-0.7	6:34	6:07	
5	Sun	10:23	6.0	11:27	5.6	4:16	1.4	4:44	-0.5	6:33	6:08	
6	Mon	11:14	5.8	11:59	5.8	5:03	1.0	5:21	-0.1	6:31	6:09	
7	Tue			12:05	5.5	5:49	0.6	5:57	0.4	6:30	6:10	
8	Wed	12:30	5.9	12:55	5.1	6:33	0.4	6:33	0.9	6:28	6:11	
9	Thu	1:01	5.9	1:47	4.7	7:18	0.3	7:09	1.5	6:27	6:12	
10	Fri	1:32	5.8	2:43	4.3	8:03	0.3	7:47	2.1	6:26	6:13	
11	Sat	2:05	5.6	3:49	4.0	8:53	0.4	8:30	2.6	6:24	6:13	
12	Sun	3:42	5.4	6:13	3.8	10:50	0.6	10:25	3.0	7:23	7:14	
13	Mon	4:29	5.2	7:50	3.8	11:58	0.7	11:46	3.3	7:21	7:15	
14	Tue	5:28	5.0	9:02	4.0			1:10	0.7	7:20	7:16	
15	Wed	6:37	4.9	9:48	4.2	1:15	3.3	2:15	0.5	7:18	7:17	
16	Thu	7:46	4.9	10:21	4.3	2:23	3.0	3:06	0.4	7:17	7:18	
17	Fri	8:47	5.0	10:47	4.5	3:15	2.7	3:48	0.2	7:15	7:19	
18	Sat	9:40	5.1	11:11	4.7	3:58	2.3	4:22	0.2	7:13	7:20	
19	Sun	10:28	5.2	11:35	5.0	4:36	1.8	4:54	0.2	7:12	7:21	
20	Mon	11:15	5.2			5:12	1.4	5:24	0.4	7:10	7:22	
21	Tue	12:00	5.2	12:01	5.2	5:48	0.9	5:54	0.6	7:09	7:23	
22	Wed	12:26	5.5	12:48	5.1	6:25	0.4	6:26	1.0	7:07	7:24	
23	Thu	12:53	5.8	1:38	4.9	7:04	0.0	7:00	1.4	7:06	7:25	
24	Fri	1:24	6.0	2:32	4.7	7:48	-0.3	7:36	1.8	7:04	7:26	
25	Sat	1:59	6.1	3:32	4.4	8:36	-0.5	8:17	2.3	7:03	7:27	
26	Sun	2:39	6.1	4:42	4.1	9:30	-0.5	9:05	2.7	7:01	7:28	
27	Mon	3:27	5.9	6:03	4.0	10:33	-0.4	10:10	3.0	7:00	7:28	
28	Tue	4:28	5.7	7:25	4.1	11:44	-0.3	11:41	3.1	6:58	7:29	
29	Wed	5:41	5.5	8:31	4.4			12:59	-0.3	6:57	7:30	
30	Thu	7:01	5.3	9:21	4.7	1:16	2.9	2:06	-0.3	6:55	7:31	
31	Fri	8:18	5.3	10:02	5.0	2:31	2.4	3:02	-0.3	6:54	7:32	