

Alcatraz Island, CA - Jan 2085

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:46	5.8	3:31	4.7	9:44	1.7	9:32	0.6	7:25	5:02	
2	Tue	4:33	6.0	4:53	4.1	11:01	1.4	10:25	1.3	7:25	5:02	
3	Wed	5:21	6.1	6:28	3.8			12:16	0.9	7:25	5:03	
4	Thu	6:12	6.2	8:02	3.9			1:24	0.5	7:25	5:04	
5	Fri	7:03	6.2	9:18	4.2	12:30	2.5	2:22	0.1	7:25	5:05	
6	Sat	7:52	6.2	10:15	4.5	1:35	2.9	3:12	-0.2	7:25	5:06	
7	Sun	8:38	6.3	11:02	4.7	2:33	3.0	3:55	-0.4	7:25	5:07	
8	Mon	9:21	6.2	11:42	4.8	3:24	3.1	4:33	-0.5	7:25	5:08	
9	Tue	10:01	6.2			4:10	3.0	5:07	-0.5	7:24	5:09	
10	Wed	12:17	4.8	10:39 AM	6.1	4:50	2.9	5:39	-0.5	7:24	5:10	
11	Thu	12:48	4.8	11:15 AM	6.0	5:29	2.8	6:09	-0.4	7:24	5:11	
12	Fri	1:16	4.9	11:51 AM	5.8	6:06	2.7	6:37	-0.3	7:24	5:12	
13	Sat	1:43	4.9	12:28	5.5	6:44	2.6	7:06	-0.1	7:23	5:13	
14	Sun	2:10	5.0	1:06	5.1	7:24	2.5	7:35	0.3	7:23	5:14	
15	Mon	2:37	5.1	1:49	4.7	8:09	2.3	8:05	0.7	7:23	5:15	
16	Tue	3:08	5.2	2:39	4.2	9:01	2.1	8:39	1.2	7:22	5:16	
17	Wed	3:41	5.4	3:45	3.8	10:01	1.8	9:17	1.8	7:22	5:17	
18	Thu	4:20	5.5	5:17	3.5	11:08	1.5	10:05	2.3	7:22	5:18	
19	Fri	5:06	5.7	7:06	3.5			12:17	1.0	7:21	5:19	
20	Sat	5:58	5.9	8:36	3.8			1:20	0.4	7:21	5:20	
21	Sun	6:55	6.2	9:37	4.2	12:24	3.1	2:16	-0.2	7:20	5:21	
22	Mon	7:53	6.5	10:24	4.5	1:35	3.1	3:07	-0.8	7:19	5:22	
23	Tue	8:49	6.8	11:05	4.8	2:37	3.0	3:55	-1.2	7:19	5:23	
24	Wed	9:43	7.0	11:44	5.1	3:34	2.7	4:40	-1.4	7:18	5:24	
25	Thu	10:37	7.0			4:28	2.4	5:24	-1.5	7:18	5:26	
26	Fri	12:22	5.4	11:30 AM	6.8	5:21	2.0	6:06	-1.3	7:17	5:27	
27	Sat	1:00	5.6	12:23	6.4	6:15	1.6	6:47	-0.8	7:16	5:28	
28	Sun	1:38	5.8	1:18	5.9	7:11	1.3	7:29	-0.2	7:15	5:29	
29	Mon	2:17	6.0	2:17	5.2	8:11	1.1	8:11	0.5	7:15	5:30	
30	Tue	2:58	6.1	3:24	4.5	9:15	1.0	8:56	1.3	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	3:42	6.1	4:45	4.0	10:25	0.9	9:49	2.0	7:13	5:32	