

Alcatraz Island, CA - Mar 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:16	5.2	12:06	5.1	5:59	1.3	6:05	0.7	6:39	6:03	
2	Sat	12:39	5.3	12:45	4.8	6:33	1.1	6:32	1.1	6:38	6:04	
3	Sun	1:04	5.4	1:26	4.6	7:09	1.0	7:00	1.5	6:36	6:05	
4	Mon	1:31	5.4	2:11	4.2	7:47	0.9	7:30	1.9	6:35	6:06	
5	Tue	2:01	5.4	3:06	3.9	8:31	0.8	8:04	2.3	6:34	6:07	
6	Wed	2:38	5.4	4:18	3.7	9:24	0.8	8:47	2.7	6:32	6:08	
7	Thu	3:24	5.3	5:48	3.6	10:27	0.7	9:49	3.0	6:31	6:09	
8	Fri	4:21	5.3	7:16	3.8	11:39	0.5	11:17	3.1	6:29	6:10	
9	Sat	5:29	5.3	8:16	4.1			12:47	0.2	6:28	6:11	
10	Sun	7:40	5.5	9:59	4.4	12:41	3.0	2:45	-0.1	7:26	7:12	
11	Mon	8:46	5.7	10:36	4.8	2:47	2.6	3:35	-0.4	7:25	7:13	
12	Tue	9:48	5.9	11:10	5.1	3:43	2.0	4:21	-0.5	7:23	7:14	
13	Wed	10:45	6.0	11:45	5.5	4:33	1.4	5:03	-0.4	7:22	7:15	
14	Thu	11:41	6.0			5:23	0.7	5:45	-0.2	7:20	7:16	
15	Fri	12:20	5.9	12:36	5.8	6:12	0.2	6:26	0.2	7:19	7:17	
16	Sat	12:57	6.2	1:32	5.6	7:01	-0.2	7:08	0.6	7:17	7:18	
17	Sun	1:35	6.4	2:30	5.2	7:52	-0.5	7:52	1.2	7:16	7:19	
18	Mon	2:16	6.4	3:32	4.8	8:46	-0.5	8:39	1.8	7:14	7:20	
19	Tue	3:00	6.2	4:40	4.5	9:43	-0.4	9:33	2.3	7:13	7:21	
20	Wed	3:49	6.0	5:58	4.3	10:47	-0.2	10:41	2.7	7:11	7:22	
21	Thu	4:47	5.6	7:21	4.3	11:59	0.1			7:10	7:22	
22	Fri	5:54	5.3	8:32	4.4	12:05	2.8	1:12	0.2	7:08	7:23	
23	Sat	7:07	5.1	9:27	4.6	1:28	2.7	2:17	0.2	7:07	7:24	
24	Sun	8:17	5.0	10:09	4.8	2:36	2.4	3:11	0.3	7:05	7:25	
25	Mon	9:18	5.0	10:44	4.9	3:31	2.0	3:54	0.3	7:04	7:26	
26	Tue	10:11	5.0	11:13	5.0	4:17	1.6	4:31	0.5	7:02	7:27	
27	Wed	10:58	4.9	11:38	5.2	4:56	1.3	5:04	0.7	7:01	7:28	
28	Thu	11:41	4.9			5:32	1.0	5:34	0.9	6:59	7:29	
29	Fri	12:02	5.3	12:22	4.8	6:05	0.7	6:02	1.2	6:57	7:30	
30	Sat	12:25	5.4	1:02	4.7	6:37	0.4	6:30	1.5	6:56	7:31	
31	Sun	12:50	5.5	1:44	4.5	7:09	0.2	6:59	1.8	6:54	7:32	