

Alcatraz Island, CA - May 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:11	5.7	3:16	4.3	8:00	-0.7	7:44	2.8	6:12	8:00	
2	Thu	1:49	5.6	4:06	4.3	8:42	-0.7	8:30	2.9	6:11	8:01	
3	Fri	2:31	5.5	4:59	4.3	9:29	-0.6	9:27	3.0	6:10	8:02	
4	Sat	3:22	5.2	5:55	4.4	10:21	-0.5	10:40	2.9	6:09	8:03	
5	Sun	4:24	4.9	6:48	4.6	11:18	-0.3			6:08	8:04	
6	Mon	5:38	4.6	7:36	4.9	12:04	2.6	12:18	0.0	6:07	8:05	
7	Tue	7:00	4.4	8:20	5.2	1:20	2.0	1:16	0.2	6:06	8:06	
8	Wed	8:21	4.4	9:01	5.6	2:25	1.3	2:12	0.6	6:05	8:07	
9	Thu	9:36	4.5	9:42	6.0	3:21	0.5	3:03	0.9	6:04	8:08	
10	Fri	10:44	4.6	10:22	6.4	4:12	-0.3	3:53	1.3	6:03	8:08	
11	Sat	11:45	4.7	11:03	6.6	5:00	-0.9	4:42	1.7	6:02	8:09	
12	Sun			12:43	4.8	5:48	-1.3	5:30	2.0	6:01	8:10	
13	Mon			1:38	4.9	6:35	-1.5	6:20	2.3	6:00	8:11	
14	Tue	12:29	6.6	2:32	4.9	7:21	-1.5	7:11	2.5	5:59	8:12	
15	Wed	1:13	6.3	3:25	4.8	8:08	-1.3	8:06	2.6	5:58	8:13	
16	Thu	1:59	6.0	4:18	4.8	8:56	-1.0	9:06	2.7	5:58	8:14	
17	Fri	2:48	5.5	5:11	4.7	9:45	-0.6	10:13	2.7	5:57	8:15	
18	Sat	3:40	5.0	6:03	4.7	10:35	-0.2	11:27	2.6	5:56	8:15	
19	Sun	4:39	4.5	6:52	4.8	11:28	0.2			5:55	8:16	
20	Mon	5:48	4.0	7:37	4.9	12:40	2.3	12:22	0.7	5:55	8:17	
21	Tue	7:06	3.8	8:15	5.1	1:45	1.9	1:14	1.1	5:54	8:18	
22	Wed	8:25	3.7	8:49	5.3	2:40	1.4	2:02	1.4	5:53	8:19	
23	Thu	9:36	3.7	9:20	5.4	3:27	0.9	2:47	1.8	5:53	8:19	
24	Fri	10:36	3.9	9:51	5.6	4:08	0.5	3:29	2.1	5:52	8:20	
25	Sat	11:28	4.0	10:23	5.8	4:45	0.1	4:09	2.3	5:52	8:21	
26	Sun			12:15	4.2	5:19	-0.3	4:47	2.6	5:51	8:22	
27	Mon			12:59	4.3	5:54	-0.6	5:25	2.7	5:51	8:23	
28	Tue			1:41	4.4	6:28	-0.8	6:04	2.8	5:50	8:23	
29	Wed	12:08	6.1	2:23	4.5	7:05	-1.0	6:45	2.9	5:50	8:24	
30	Thu	12:48	6.0	3:05	4.6	7:43	-1.1	7:30	2.9	5:49	8:25	
31	Fri	1:30	5.9	3:48	4.7	8:25	-1.1	8:22	2.9	5:49	8:25	